



CapitolHill Consortium for **Counseling** & Consultation  
650 Pennsylvania Avenue SE, Suite 240, Washington, DC 20003  
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## Doctoral Externship/Practicum Brochure

2023

### Who We Are

CapitolHill Consortium for Counseling & Consultation, LLC (CCCC) is a large multidisciplinary group of psychologists, social workers, professional counselors, and marriage and family therapists working collaboratively to provide **holistic and evidence-based therapy** to help clients address the myriad of challenges in their personal, interpersonal, educational, and professional lives. CCCC is committed to providing **high quality, affordable, accessible, and culturally responsive** care to those in our community. CCCC has been an externship site for over 20 years. Additionally, CCCC is a member of the Mid-Atlantic Internship Consortium (MAIC), an APA-accredited predoctoral internship program. CCCC also trains postdoctoral fellows. The Psychology Training Program at CCCC emphasizes professionalism, diversity, and a multidisciplinary approach to the practice of psychology.

As a group private practice, CCCC has multiple locations: Capitol Hill/Eastern Market in Washington, DC; Crystal City/Arlington, in Virginia; and Silver Spring/Bowie, in Maryland. At this time, practicum and intern candidates will only be placed at the Crystal City or Capitol Hill locations (*this may be subject to change*). CCCC is dedicated to making mental health services accessible to the communities in which we are embedded. We accept a wide array of insurance plans in addition to self-pay and sliding scales. CCCC serves a diverse clientele with an emphasis on community-based care and making mental health services available for everyone. CCCC's clinicians and trainees provide individual therapy to children, adolescents, adults and geriatric populations. Trainees are also trained to work with couples and families and have opportunities to facilitate groups.

CCCC also provides personal and professional coaching for businesses and organizations. Trainees are fully integrated into the clinical and administrative aspects of CCCC and have opportunities to participate in didactics, group consultations, clinical meetings, and other training opportunities. Trainees at CCCC learn the nuances of the business side of private practice, and are responsible for carrying their own therapy caseload, as determined by their supervisors.

For more information about CCCC, visit our website at <https://www.ccccmmentalhealth.com/>.

### The Externship/Practicum Program at CCCC

CCCC offers a clinical externship (practicum) to doctoral students enrolled in a PhD or PsyD program. The practicum is 9 months long and runs from the first week of September (start date TBD based on Labor Day) until the end of June with an orientation during the last week in August. Students have the option to extend their externship through the summer if they so choose. Students accumulate over 750 total hours, and 150+ face-to-face hours.

### Training Activities

The practicum position features an intermediate and/or advanced externship training experience, integrating primarily therapy hours with potential opportunities for testing. All externs are required to be at practicum (in-person or virtually as determined by CCCC) for 16-24 hours/week. The primary aim of the externship is to provide supervised

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training in conducting therapy, with 10-16 hours dedicated to providing direct client-contact and participating in supervision.

- **All externs are required to be on site on Friday mornings (until 12pm)** as it is a didactic and group supervision day (in addition to clinical services that may be rendered).
- **All externs are required to see clients on at least one evening per week** until 8pm.
- All externs are required to carry a consistent caseload of 8 therapy clients per week in addition to at least two clients being treated in an adjunct treatment model (e.g., DBT Skills Training cases, Gottman Couples Therapy cases, family therapy cases, etc.).

### **Locations and Schedules**

Trainees are typically assigned to one CCCC location, but in some cases may be expected to split their time between the DC (Eastern Market/Capitol Hill) and VA (Crystal City) locations. Schedules are determined at the beginning of the year and remain consistent throughout the semesters/academic year. Trainees will not be expected to commute between offices within the same training day. Schedules are flexible based on room availability and supervisor availability and are determined over the course of the summer prior to the start of the training year.

### **Supervision and Didactics:**

All externs are provided with one hour of recurring weekly individual supervision by a licensed clinical psychologist. Additionally, externs are expected to participate in:

- Weekly group supervision/didactics provided by a licensed psychologist
- Testing supervision (as applicable) provided by licensed psychologist
- Diversity supervision provided by a licensed psychologist
- Peer supervision provided postdoctoral fellows and predoctoral interns
- Additional individual supervision provided by other mental health providers

Didactics include group discussions and in-house presentations. Formal training will be provided in DBT, Gottman Couples Therapy, and trauma-informed care.

### **Application Process**

We will be accepting applications for 2024 from January 1, 2024, to January 31, 2024. While we strongly encourage you to apply during this time, if we have remaining vacancies, we will continue to accept applications until we have filled each of our spots. Interviews will occur beginning in mid-February 2024 and offers will be made on a rolling basis between late February and early March 2024. CCCC does not follow a uniform notification day; offers are made on a first come, best-fit basis.

Interested applicants should email the following material to the Psychology Training Program at CCCC at [psychologytraining@cccementalhealth.com](mailto:psychologytraining@cccementalhealth.com):

- Curriculum vitae (please include list of past tests administered if interested in conducting testing)
- Cover letter

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- 2 Letters of reference
- 1 Clinical writing sample (a deidentified sample report, treatment summary, or case conceptualization)  
*\*Please indicate that you are applying for the externship program in the subject line of your email.*

#### **Applicant Requirements**

- All extern applicants must be, at minimum, in their second year of doctoral training and have completed at least one practicum placement by the start of their CCCC practicum.
- All extern applicants must be prepared to abide the Psychology Training Program's expectations for timely completion of clinical documentation and testing reports (if applicable).
- All extern applicants must be prepared to receive live observation of sessions (with client consent).
- All extern applicants must be prepared to participate in the Psychology Training Program's orientation in its entirety, abide by HIPAA policies, and sign CCCC training agreements
- All extern applicants must be prepared to read and acknowledge agreement to adhere to the CCCC clinical manual and CCCC policies and procedures
- All extern applicants must be prepared to adhere to the Psychology Training Program's vacation and leave policies.
- All extern applicants must be prepared to demonstrate knowledge of and adherence to APA's code of ethics and exhibit professionalism in all behavior and communication

For further questions about the externship training program, please reach out to the Psychology Training Program at [psychologytraining@ccccmentalhealth.com](mailto:psychologytraining@ccccmentalhealth.com).