

CLINICAL PSYCHOLOGY EXTERNSHIP

CHILD & FAMILY ASSOCIATES OF GREATER WASHINGTON

Fall 2025 - Spring 2026

6063 Arlington Boulevard, Falls Church, VA 22044 | [Directions](#)

www.cfa-gw.com | 703-533-3930



Why Choose CFA:

- Nicely furnished, fully-equipped therapy rooms
- Regular supply of toys and psychology-related books
- Rigorous didactic schedule and intensive seminar supervision
- Application of different theoretical orientations in conceptualization and intervention
- Case presentation opportunities to CFA staff

Application Materials:

- Statement of Interest
- CV / Resume detailing academic and clinical training
- Two letters of recommendation from clinical supervisors
- One letter of recommendation from an academic advisor or professor

About CFA

Founded in 2011 by Steven Harner, Psy.D., Child and Family Associates of Greater Washington (CFA) is a multi-service outpatient practice serving the Northern Virginia community. The vision for CFA has remained centered on a creative team of highly regarded, dynamic and innovative professionals focused on empowering clients and family units. Our team is composed of over 15 clinicians of varying personal and professional backgrounds, driven by these core values:

- Make a Connection
- Do Ordinary Things Extraordinarily Well
- Do The Next Right Thing
- Go The Extra Mile

Externship Mission Statement

To provide a rigorous and enriching clinical externship experience that equips future psychologists with advanced, evidence-based skills in clinical outpatient services. The training team at CFA is excited to offer externs the option to choose from three advanced clinical tracks: Child and Adolescent Psychotherapy, Psychological Assessment, and School Consultation.

About The Externship

CFA externs will join our team for two days a week for a total of 16 hours. The majority of responsibilities at CFA are conducted in person. We are particularly interested in candidates who are eager to learn about group practices and child and family work, and demonstrate personal attributes such as camaraderie, compassion, intellectual curiosity, and commitment to premier care. Our theoretical orientation is primarily cognitive-behavioral, and externs will have the opportunity to learn about and integrate multiple evidence-based approaches rooted in Dialectical-Behavioral, Psychodynamic, ACT and Somatic theories, among others.

Send your application to:

Noura Khayat, Psy.D.
Training Director

Email: nkhayat@cfa-gw.com

(o): 703-533-3930, ext 11
(c): 202-930-1814

Deadline:

January 27, 2025

Supervision:

Externs will receive at least one, and up to two hours of individual supervision and one small-sized group supervision meeting per week. Your primary supervisor will be a Licensed Clinical Psychologist. The group supervision meetings will have a “seminar component,” where different professional development topics will be addressed. Topic themes include CFA core values, General Principles of the APA Ethics Code, Diversity and Inclusion, and Internship Interviewing.

Didactics:

Externs will benefit from in-house trainings offered by CFA staff and other local experts, on average twice a month. Additionally, externs will have the option of preparing and presenting a case of their choice on two occasions over the course of the academic year.

Evaluations:

At CFA, the extern’s evaluation process is a collaborative endeavor. In addition to any agreement signed with the University Program, externs will set their own training goals at the onset of supervision. Evaluations will occur every trimester, and will assess both for student performance and satisfaction around training goals.

Tracks:

In the **Child and Adolescent Track**, the extern’s clinical time will be entirely devoted to psychotherapy. A typical caseload may include eight weekly outpatient contact hours, mostly or exclusively (depending on interest) with children and adolescents. Therapy setting may include individual, family and/or group psychotherapy as well as parent guidance work.

Externs who choose the **Psychological Assessment Track** will carry around half a caseload of psychotherapy patients, and complete at minimum three psychological assessments over the course of their externship, mostly for children and adolescents. Referrals include diagnosis of learning differences, ADHD, Autism Spectrum, and mood, anxiety and eating disorders.

Externs in the **School Consultation Track** will carry a tailored clinical caseload that requires a variety of school interventions, including consultation for 504 and IEP meetings and collaboration with school staff on classroom-appropriate interventions to support clients’ socio-emotional growth. Externs may be eligible to shadow one or more of CFA’s School Refusal and Collaborative School Partners evaluations.



Noura Khayat, Psy.D.
CFA Training Director



Steven Harner, Psy.D.
Founder & Director