



Children's National

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PSYCHOLOGY EXTERNSHIP EXPERIENCES

2026-2027

Children's National Hospital (Children's National) offers several externship experiences in child clinical and pediatric psychology to students enrolled in doctoral programs in psychology. Attached are descriptions of opportunities that are being offered in the 2026-2027 academic year, with information about how to apply for each position. **Descriptions of opportunities in neuropsychology are available under separate cover.**

The deadline for applications is February 1, 2026. Applications may be submitted electronically or in paper form and individual supervisors will indicate their preference in the descriptions below. Due to the high volume of calls received in the past, we request that you not call to confirm the status of your application.

THE INSTITUTION

Children's National is a non-profit institution incorporated in 1870. The mission of Children's National is to be preeminent in providing pediatric healthcare services that enhance the health and well-being of children regionally, nationally, and internationally. Through leadership and innovation, Children's National strives to create solutions to pediatric healthcare problems.

The hospital on Children's main campus is located in Washington DC, adjacent to the Washington Hospital Center, National Rehabilitation Hospital, the Washington V.A. Hospital, Catholic University and Howard University. In addition, Children's National has satellite outpatient clinics in Washington D.C., Maryland and Virginia, and is part of a complex of healthcare facilities for the entire Washington metropolitan area. Further information about the hospital is available at our website (www.childrensnational.org).

Psychology and Behavioral Health, led by Dr. Randi Streisand, is a Division within the Center for Neurosciences and Behavioral Medicine. Other divisions in this center include Neuropsychology, Psychiatry, Neurology, Neurosurgery, Developmental Pediatrics, Genetics and Metabolism, Hearing and Speech, and Physical Medicine and Rehabilitation. This Center for Excellence structure was designed to stimulate multidisciplinary collaboration, in terms of both patient care and research, among disciplines and specialties with common interests. Faculty-level psychologists at Children's National who engage in training, clinical service, and research in a variety of specialty areas, including Psychology & Behavioral Health, Endocrinology,



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Hematology/Oncology, Pulmonary Medicine, Cardiology, Trauma/Burn Surgery, Food Allergy, Neurology, Neurosurgery, Obesity, Psychiatry, and Developmental Psychology. Psychology and Neuropsychology faculty are involved in virtually all of the other Centers of Excellence. Facilities at the hospital include outpatient clinics, the Freddie Mac Foundation Child & Adolescent Protection Center, Child and Adolescent inpatient units, library, auditorium, laboratories and research space. In addition, Psychology occupies outpatient offices in 5 suburban satellite clinics (Takoma, DC; Laurel, Maryland; Rockville, Maryland; Fairfax, Virginia; Tenleytown, D.C.). Many externships include telehealth training. For specific questions about the amount or percentage of time expected in telehealth clinical care, please consult the supervisor of the externship.

Children's National is the pediatric teaching hospital for the George Washington University School of Medicine and Health Sciences. Psychologists at Children's National hold academic appointments in the Department of Psychiatry and Behavioral Sciences and the Department of Pediatrics at the medical school. Children's National offers a variety of training programs in various medical specialties, all of which are overseen by the medical staff. The Division of Psychology conducts post-doctoral, internship and practicum-level training for psychology students.

At Children's National, we are working to create a culture that leverages our differences to achieve excellence. We promote and practice compassion, commitment and connection in order to create strong partnerships with the community, our staff members, our patients and their families. To learn more about Children's National Hospital's commitment to health equity, please see the hospital's website: <https://www.childrensnational.org/about-us/health-equity>

Children's National Hospital is an equal opportunity employer that evaluates qualified applicants without regard to race, color, national origin, religion, sex, age, marital status, disability, veteran status, sexual orientation, gender, identity, or other characteristics protected by law.

Didactics

Psychology & Behavioral Health Division's Extern Didactics Series

Extern group didactics are offered twice a month, typically midday (12-1pm) on Zoom. Didactics are frequently lectures with some opportunities for experiential learning from students. For some talks, trainees at all levels are invited including those in our APA-

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accredited internship, postdoctoral fellows, as well as externs. Didactic speakers are local leaders, faculty and postdoctoral fellows in the psychology training program. Didactic topics are selected for relevance to externs and changes year-to-year, and all talks are recorded to permit externs to view asynchronously if they cannot participate live. There are specific initiatives in place to provide enhanced training in health equity and cultural humility. In the past, externs have had the opportunity to participate in an intensive learning experience to cultivate self-awareness and cultural humility. Specific didactics are subject to availability year-to-year. Below, find an example schedule from a prior year:

Sample Titles in Extern Didactic Titles

Kick-Off: Getting the Most Out of Externship at Children's National
Overview of DC Resources
Orientation to DC Housing Inequity
Introduction to Racial Equity Challenge
Integrated Primary Care
Suicide Screening
Case Formulation in Integrated Primary Care: Considering Individual and Systems-Level Factors
Sleep Hygiene and Behavioral Sleep Interventions
Perspectives on the Educational System and School-Based Psychological Services
Introduction to Trauma Focused CBT
Introduction to Pain and Pain Psychology
Enuresis & Encopresis
Pediatric Weight, Stigma, and Suggestions for Clinical Practice
Culturally Specific Risk and Protective Factors for Black and Latinx Youth and Recommendations for Therapy
Selective Mutism
Professional Development Panel (Interns/postdocs meet with externs)
Using DBT in Short-Term Therapy with Adolescents
The Impact of Early ACE Exposure and Trauma-Informed Care
Promoting Infant & Toddler Development
Parent-Child Interaction Therapy: Caregiver Engagement
Considerations When Working with Recently-Arrived Immigrant Families
Executive Functioning: Evidence & Intervention Strategies

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Spanish Training Emphasis Program (STEP)

The Spanish Training Emphasis Program's (STEP) mission is to address mental health disparities for Latinx children, adolescents, young adults, and their families by increasing the availability of bilingual psychologists who are trained in the provision of bilingual, culturally competent therapy and assessment services. When available, trainees may participate in activities such as didactic sessions on multicultural competency, process groups in Spanish, and opportunities for direct service provision and supervision to Spanish-preferring families. STEP also seeks to expand access to Spanish-language resources and offers optional advocacy and program development opportunities in the DMV region. Participation and programming depends on trainee schedules, faculty availability, and program capacity.

APPLICATION INSTRUCTIONS

How to apply:

1. Complete the following survey just once (1 time) regardless of how many externship applications you are submitting. Please click this link or use the following QR to complete it <https://redcap.link/CNExternApp2026>



2. Refer to each externship ad page for specific requirements, application details, and contacts.



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CLINICAL EXTERNSHIP IN PEDIATRIC PSYCHOLOGY-CONSULT SELECTED MEDICAL SUBSPECIALTIES

Description: As a collaboration among medical specialty faculty members, we are pleased to offer a dynamic externship in Pediatric Psychology Specialty Consult. This position is ideally suited for advanced practicum students seeking specialized training in pediatric psychology. During this externship, the trainee will complete medical specialty consultation rotations, which will provide them with a solid foundation in the psychosocial aspects of multiple acute and chronic health conditions. The goal is for the extern to learn to assess and treat behavioral and emotional factors that impact the child's medical condition through clinic consultation roles.

The purposes of psychology consultations in medical specialties include promoting healthy child development, behavior and psychological adjustment and coping in the context of child health conditions. The extern will engage in clinic consultation and short-term health-focused treatment within selected inpatient and outpatient medical subspecialties. The extern will use the principles of behavior, learning, and psychosocial adaptation from the clinical, rehabilitation, and pediatric psychology literatures in both inpatient and outpatient settings. All rotations include collaboration with physicians, nursing, social work, and other allied team members.

During this externship year, the extern will complete up to four 6-month medical specialty rotations, with approximately two days/week of practicum training. Didactic seminars are also offered as part of the Division of Psychology and within some specialty rotations.

For each of these rotations, the extern will work under the direct clinical supervision of faculty members who provide psychological services for each rotation. The exact set of rotations will be coordinated by Romano-Verthelyi who oversee this externship program, and will be based on the extern's interests and availability. Applicants will be asked to rank their preferred rotations and provide days available during the application process. Rotations for the practicum year will be established at the time of offering the position and will be finalized in collaboration with the applicant.

Possible Medical Specialty Rotations:

- Celiac (Fridays, 2x/month; Wed Rockville or main hospital)
- Diabetes – Fridays (main hospital)



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- Allergy – Monday Oral Food Challenge clinics (main hospital) Solid Organ Transplant – M-F, inpatient; Tues/Thurs – outpatient (main hospital)
- Burn/Trauma – Monday or Wednesday (main hospital)
- Complex Care – Mondays (main hospital)
- Dermatology – Thursdays (main hospital)
- Hidradenitis suppurativa clinic (Dermatology/Psychology/Adolescent Medicine): 2nd and 4th Fridays (main hospital)

Example Rotations by Day of the Week

Day	Rotation Options
Monday	Allergy (oral food challenge clinic) Burn/Trauma Complex Care Solid Organ Transplant
Tuesday	Solid Organ Transplant
Wednesday	Celiac (in-person clinic 2 nd Wed – Main hospital; 4 th Wed- MoCo ROC) Burn/Trauma Solid Organ Transplant
Thursday	Dermatology Solid Organ Transplant
Friday	Celiac (telehealth clinic 1 st and 3 rd Fridays) Dermatology (Hidradenitis suppurativa clinic 2 nd and 4 th Fridays) Solid Organ Transplant

Example Extern Schedule:

July-December:

Mondays: Complex Care Clinic

Thursdays: Solid Organ Transplant

January – June:

Mondays: Allergy

Wednesdays: Burn/Trauma



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Time Requirement: ~16 hours/week. Depending on the rotations matched, there is flexibility. Clinic hours are 8am-5pm. Attendance at extern didactics (2x/month in person or via Zoom) is highly recommended.

Locations (based on rotation):

- Main Hospital: Children's National Hospital 111 Michigan Ave, NW, Washington, DC 20010
- Shepherd Park: 7125 13th Pl NW, Washington, DC 20012
- Montgomery County Regional Outpatient Clinic ("MoCo ROC"): 9850 Key West Ave, Rockville, MD 20850

Number of Positions Being Offered: Up to 4 individuals will be recruited for this externship.

Qualifications: Applicants must be in at least the third year of a program and have prior practicum experience with child and adolescent therapy or pediatric or health psychology. Preference will be given to advanced doctoral students with documented interest in health/pediatric psychology. The successful candidate will have excellent interdisciplinary and professional communication, knowledge of health psychology principles, and will be able to demonstrate flexibility, conscientiousness, and organization.

To Apply:

1. Complete the survey: <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure);
2. Please send a letter of interest, CV/resume, and two letters of recommendation via email to Ari Romano-Verthelyi; Licensed Psychologist. In the subject line of the email, please make the subject line of the email: "LastName Peds Consult Externship." Ari Romano-Verthelyi - aromanover@childrensnational.org



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CLINICAL EXTERNSHIP IN MOOD AND ANXIETY DISORDERS

Description: This externship is ideally suited for *advanced* practicum students seeking further training in treating mood and anxiety disorders from childhood to adolescent, and during the perinatal period. The extern will rotate through three service programs, including the outpatient Anxiety Disorders Program and outpatient Mood Disorders Program. Externship activities are conducted under the direct clinical supervision of Drs. Lilia Andrew and Erin M. Sadler.

The Mood Disorders Program at CNH provides outpatient care to children and adolescents with mood disorders (e.g., major depression, disruptive mood dysregulation disorder) and their families. The extern will gain experience in the assessment and treatment of mood disorders through individual and group therapy (*optional*). Additional externship opportunities include working with young children (under 6), children with medical illnesses, and histories of trauma. Training goals include building skills in the application of CBT and DBT-A with children and their families.

The Anxiety Disorders Program at CNH provides care to children and adolescents with anxiety disorders (e.g., generalized anxiety, OCD, tics, separation and social anxiety), and their families. Externs will gain experience in assessment and treatment of anxiety disorders in school-aged children (6-18 years), though younger children are sometimes seen as well. Experience with group therapy and working with children and adolescents with medical illness may be a possibility as well. Training goals include building skills in the application of CBT/ERP and the use of SPACE with children and their families.

In addition to formal, in-person supervision, externs will also have the opportunity participate in case conferences with child psychiatrists, attend behavioral health grand rounds, and clinical seminars (depending on the day of the externship). Optional multidisciplinary opportunities in our PANS/PANDAS or EILO clinics.

Qualifications: Applicants must be in at least the third year of a doctoral program. Formal coursework and prior direct clinical experience in child/adolescent assessment and treatment is required. Preference will be given to advanced doctoral students with a strong knowledge of psychopathology and evidence-based interventions including CBT. Experience with adults is helpful, but not required.



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Number of Positions Being Offered: One (1) extern will be recruited for this externship.

Time Requirement: 16 hours (2 days)/week. Tuesdays and Thursdays preferred. Services are conducted via telehealth and in person at the Takoma Theatre location. It is anticipated that this externship will start July 2026 and end in June 2027.

Locations: Takoma Theatre ROC: 6833 4th St. NW, Washington, DC 20012 (metro accessible)

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Send a letter of interest, curriculum vitae, and two letters of recommendation via email to:
Lilia Andrew, PhD (lmucka2@childrensnational.org) & **Erin M. Sadler, PsyD**,
(esadler@childrensnational.org)



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COMBINED CLINICAL EXTERNSHIP IN PEDIATRIC ANXIETY AND ALLERGY/IMMUNOLOGY

Description: This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence as well as comprehensive training in pediatric psychology. The extern will spend one day each with the Anxiety Disorders Program (ADP) and the Division of Allergy and Immunology at Children's National Hospital (CNH), under the direct clinical supervision of Lilia Andrew, PhD and Mi-Young Ryee, PhD within Anxiety and Linda Herbert, PhD and Tiffany Kichline, PhD within Allergy.

The Anxiety Disorders Program at CNH provides care to children and adolescents with anxiety disorders (e.g., generalized anxiety, OCD, tics, separation and social anxiety), and their families. Externs will gain experience in assessment and treatment of anxiety disorders in school-aged children (6-18 years), though younger children are sometimes seen as well. Experience with group therapy and working with children and adolescents with medical illness may be a possibility. Training goals include building skills in application of CBT/ERP and the use of SPACE with children and their families. In addition to formal, in-person supervision, externs will also have the opportunity participate in case conferences with child psychiatrists, attend behavioral health grand rounds, and clinical seminars (depending on externship day). Optional multidisciplinary opportunities in our PANS/PANDAS or EILO clinics.

The Division of Allergy and Immunology at CNH provides services to a diverse population of children and adolescents who are diagnosed with food allergies, eosinophilic esophagitis, asthma, eczema, urticaria, and immunodeficiency disorders. The primary mental health concerns among this population are anxiety related to allergen exposure, adherence, adjustment concerns, and feeding problems. The allergy and immunology team is multidisciplinary, so externs will routinely interact and consult with physicians and nurses. This externship offers experience with consultation/liaison services and procedural support during oral food challenge clinics, outpatient therapy services with an emphasis on cognitive/behavioral approaches, and psychosocial program development.

Qualifications: Applicants must be in at least the third year of a doctoral program and have completed coursework in child development and treatment, and prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired, but not required. Preference will be given to advanced doctoral students.



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Number of Positions Being Offered: One extern will be recruited for this externship.

Time Requirement: 16 hours (2 days)/week. The Anxiety Disorder Program is held on Thursdays at Takoma Theatre with in-person and telehealth opportunities. The Allergy/Immunology Program is held in-person on Wednesdays at the Main Hospital.

Location: both locations metro accessible

1. Children's National Hospital- Takoma Theater, 6833 4th St. NW, Washington, DC 20012;
2. Children's National Hospital – Main, 111 Michigan Avenue, NW, Washington, DC 20010

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026>;
2. Send a letter of interest, curriculum vitae, and two letters of recommendation via email with heading **ANXIETY & ALLERGY_LASTNAME** to: **Tiffany Kichline, PhD**, (tkichline@childrensnational.org) and **Lilia Andrew, PhD** (lmucka2@childrensnational.org)

Tiffany Kichline, PhD

Licensed Clinical Psychologist

tkichline@childrensnational.org

Lilia Andrew, PhD

Licensed Clinical Psychologist

lmucka2@childrensnational.org

Linda Herbert, PhD

Licensed Clinical Psychologist

lherbert@childrensnational.org

Mi-Young Ryee, PhD

Licensed Clinical Psychologist

mryee@childrensnational.org



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CLINICAL EXTERNSHIP IN BEHAVIORAL MEDICINE IN BARIATRIC SURGERY AND CRANIOFACIAL TEAMS

Description: The Bariatric Surgery and Craniofacial externship will provide advanced training in 2 medical specialty clinics. Under the supervision of two pediatric psychologists (Dr. Randi Streisand and Dr. Eleanor Mackey), the extern will work in both the craniofacial clinic and bariatric surgery program.

The Craniofacial Clinic is a fascinating and rewarding experience. Psychology externs conduct psychosocial consultations of children with a variety of medical concerns. Young children through young adults are seen, with much training in child development taking place.

Immediate suggestions/feedback are provided to families as appropriate (i.e., recommendations for managing challenging behavior, encouraging good sleep hygiene), and referrals for assessment or ongoing psychological treatment are provided when needed. After the brief consultation with the family, the extern will review the case with the attending psychologist and then will write up a short consultation reply and participate in the team conference with other disciplines (e.g., ENT, genetics, cranial facial surgeons, dentistry, and speech and language specialists). This service is located at the main hospital on Tuesday afternoons from 1-4:30 pm.

Within the bariatric surgery program, the extern will assist in the pre-surgical psychological evaluation of candidates for bariatric surgery. This involves a clinical interview and assessment, as well as coordinating/consulting with the surgery team and preparing an in-depth report and recommendations for care. The extern will complete pre-surgical evaluations on Thursdays. Clinics are located at the main hospital or at the Friendship Heights satellite clinic and include consults with follow-up surgery patients.

There is also the potential for taking on 1-2 outpatient cases that are pediatric/medical specialty in focus, involvement in ongoing research, participation in didactics, outpatient therapy or post-surgical consult cases, and involvement with a larger team of pediatric psychologists and trainees. Overall, the externship will include training in consult/liaison, individual outpatient therapy, and brief assessment with a wide range of clients with varying presentations and ages.



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Qualifications: Applicants must be in at least the third year of a doctoral program and have had some experience in child assessment or treatment, with a documented interest in gaining experience in a medical/pediatric setting.

Time Requirement: 2 days a week with Tuesdays and Thursdays required. It is anticipated that this will be a 1-year externship from July 2026-June 2027.

Number of positions being offered: 1 extern will be recruited for this externship.

Location: Children's National Medical Center - 111 Michigan Avenue, NW

To Apply:

1. Complete the survey: <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Please email a letter of interest, curriculum vitae, and 2 letters of reference to: Eleanor Mackey, Ph.D. (202) 476-5307 at emackey@cnmc.org.



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CLINICAL EXTERNSHIP IN HEMATOLOGY/ONCOLOGY PEDIATRIC PSYCHOLOGY

Description: This externship is ideally suited for advanced clinical students seeking comprehensive training in pediatric psychology. Externs will spend two days per week providing psychological services to children and adolescents with cancer or blood disorders and their families. Clinical activities will be carried out under the direct supervision of Drs. Steven Hardy, Dana Footer, Megan Connolly, Stephanie Merwin, and Afsoon Gazor (pediatric psychologists).

The Center for Cancer and Blood Disorders at Children's National Medical Center includes both outpatient and inpatient services for children diagnosed with cancer, hematologic disorders such as sickle cell disease, and other malignant and non-malignant disorders. Physicians, psychologists, nurse practitioners, nurses, social workers, and other psychosocial team members work collaboratively to address the complex problems faced by these patients and their families. Presenting issues include coping and adjustment with diagnosis and treatment, anxiety (generalized, anticipatory, and procedural), depression, behavior problems, nonadherence to medical treatment, pain exacerbated by psychological stressors, and grief/loss.

The externship consists of clinical training in pediatric psychology, direct clinical care of patients and families, participation in multidisciplinary rounds and a weekly psychology seminar. As desired, opportunities are available to participate in new and ongoing clinical programs and research at Children's National. Clinical activities, which emphasize cognitive/behavioral, acceptance and commitment, and family systems approaches, include: (1) inpatient and outpatient consultation/liaison services (2) outpatient therapy and (3) mental health screening programs. Externs will also have opportunities to participate in our multidisciplinary Long-term Follow-up Clinics for survivors of childhood cancer and children who have undergone stem cell transplant to treat malignant and non-malignant diseases as well as our Sickle Cell Disease Integrative Clinic for pain management.

Qualifications: Formal coursework in child development as well as clinical experience with children and adolescents are required. Experience working clinically with medically ill populations is preferred, but not required.

Time Requirements: 2-3 days per week (16hrs/week, or more depending on extern needs)



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Location: Children's National Hospital 111 Michigan Avenue, NW Washington, DC 20010

Number of Positions Being Offered: Up to 2 externs will be recruited for this position

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026>; (see page 4 of this application brochure)
2. Email a letter of interest, CV, and at least two letters of recommendation to Dana Footer, PsyD at dfooter@childrensnational.org



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CLINICAL EXTERNSHIP IN ALLERGY/IMMUNOLOGY AND LONG-HAUL COVID-19

Description: This externship is ideally suited for advanced practicum students seeking further training in pediatric psychology. The extern will work under the direct clinical supervision of Linda Herbert, PhD.

The Division of Allergy and Immunology at CNH provides services to a diverse population of children and adolescents who are diagnosed with food allergies, eosinophilic esophagitis, asthma, eczema, urticaria, and immunodeficiency disorders and live throughout DC, MD, and VA. Externs will have the opportunity to collaborate with a social worker to assist families from lower income backgrounds and interpreters to assist with non-English-speaking families. This externship offers experience with:

- A. Consultation/Liaison Services during Oral Food Challenge Clinic.** On Mondays at the main hospital, externs will conduct consultation-liaison services during oral food challenge clinic. Externs will conduct psychosocial assessments about food allergy management practices and impact of food allergy on quality of life with approximately 3-6 patients/week ranging in age from infancy to young adulthood. Externs will also provide procedural support. Primary concerns during this clinic are patient and parent anxiety related to potentially experiencing an allergic reaction during the oral food challenge.
- B. Outpatient Allergy Psychology Therapy Services.** The primary mental health concerns addressed during outpatient therapy are anxiety and depressive symptoms related to food allergies, EoE, and primary immunodeficiency disorders, adherence to medical routines, needle phobia, and adjustment to new diagnosis. Externs may also engage in feeding therapy for anxiety related to food allergy or mild ARFID cases. Externs may complete brief consultations with parents of young children who are navigating a new diagnosis or need assistance with a developmental transition related to their child's medical diagnosis (e.g., preparation for school). Therapy includes medical psychoeducation and CBT and exposure techniques.
- C. COVID-19 Long Haul Clinic.** On Wednesday afternoons at the main hospital, externs will conduct consultation/liaison services with patients in the COVID-19 Long Haul clinic. Two patients are seen a week by 3-4 medical specialties, including infectious disease, psychology, physical medicine, rheumatology, neurology, gastroenterology,



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and cardiology. Patients come from throughout the US to receive comprehensive services to address concerns related to COVID-19 diagnosis, such as fatigue, pain, physical weakness, cognitive concerns, GI concerns, anxiety, and depression.

Supervision: Minimum of 1 hour set aside weekly; Also as needed during consultation/liaison work.

Qualifications: Applicants must be in at least the third year of a doctoral program and have prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired but not required. Preference will be given to advanced doctoral students.

Number of Positions Being Offered: One extern will be recruited for this externship.

Time Requirement: 16 hours/week. Mondays 8am-5pm and Wednesday 1-5:30pm at the main hospital. There is flexibility regarding telehealth versus in-person services for outpatient therapy.

Locations: Children's National Hospital: 111 Michigan Ave, NW, Washington, DC 20010

Example Schedule

<u>Monday</u>		<u>Wednesday</u>	
8:00-12:00	Oral food challenge clinic	1:30-2:15	COVID Long-Haul patient
12:00-1:00	Supervision	2:15-3:30	Note writing
1:00-3:00	Note writing	3:30-4:15	COVID Long-Haul patient
3:00-5:00	Therapy outpatients	4:15-5:30	Note writing

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Please send a letter of interest, CV/resume, and two letters of recommendation via email. Linda Herbert, PhD; Licensed Psychologist; lherbert@childrensnational.org



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CLINICAL EXTERNSHIP IN PEDIATRIC ANXIETY & EATING DISORDERS

Description: This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence. The Extern will spend 1 day each per week providing outpatient services for youth with disordered eating and Child and Adolescent Anxiety Disorders Program (ADP) at Children's National Hospital (CNH) under the direct clinical supervision of Sarah Hornack, PhD and Mi-Young Ryee, PhD, respectively.

The Child and Adolescent Anxiety Disorders Program (ADP) at CNHS provides care to children and adolescents with anxiety, and their families. The majority of youth treated are school-aged children (5-18 years), though younger children are sometimes seen as well. Externs will gain experience in assessment and treatment of anxiety disorders in children and adolescents and also participate in group therapy. Experience working with children and adolescents with medical illness may be a possibility as well. In addition to formal in-person supervision, opportunities for didactics include psychiatry grand rounds, clinical seminars and case conferences within the hospital (depending on the day of the externship).

The child and adolescent eating disorders rotation involves outpatient evaluation and psychotherapy for youth presenting with binge eating disorder, bulimia nervosa, and anorexia nervosa. The extern will gain experience with delivery of Family-Based Treatment (FBT) and enhanced cognitive-behavioral therapy (CBT-E) for eating disorders. Externs will coordinate care with clinicians of other disciplines, including psychiatrists, adolescent medicine physicians, and dietitians. There may also be opportunities to co-lead groups.

Qualifications: Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with child and adolescent assessment and therapy.

Number of Positions Being Offered: One extern will be recruited for this externship.

Time Requirement: 16 hours/ week. The Child and Adolescent Eating Disorders rotation is offered on Mondays or Thursdays and the Child and Adolescent Anxiety Program is held on Wednesdays, both at Takoma Theatre (see below for address). It is anticipated that this will be a 1-year externship from July 2026-June 2027.

Takoma Theatre, 6833 4th St. NW, Washington, DC 20012

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2. Send a letter of interest; CV/resume, and two letters of recommendation via email to:

Sarah Hornack, PhD
Licensed Clinical Psychologist
Children's National Hospital
shornack@childrensnational.org

Mi-Young Ryee, PhD
Licensed Clinical Psychologist
Children's National Hospital
mryee@childrensnational.org



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CLINICAL EXTERNSHIP IN EATING DISORDERS

Description: This externship is ideally suited for *advanced* practicum students seeking further training in treating eating disorders from childhood to emerging adulthood. Externs will spend two days per week providing psychological services to children, adolescents, and young adults with eating disorders, weight-based concerns and a variety of disordered eating behaviors. Clinical activities will be carried out under the direct supervision of Dr. Sarah Hornack (pediatric psychologist) as part of the Eating and Weight Concerns Clinic (EWCC) in the Department of Psychology and Behavioral Health.

The Eating and Weight Concerns clinic works alongside two teams in the hospital:

- 1) The Donald Delaney Eating Disorder Clinic at Children's National Hospital is part of the Division of Adolescent Medicine and includes both outpatient and inpatient services for children with eating disorder diagnoses. Presenting issues include malnutrition due to caloric restriction, compensatory behaviors, medical complications due to malnutrition and compensatory behaviors, body image disturbances, family adjustment to treatment and diagnosis, nonadherence to treatment, and behavioral problems.
- 2) The Improving Diet, Energy, and Activity for Live (IDEAL) Clinic provides weight management intervention to youth ages 6-22 in the Department of Pediatrics. Patients are commonly referred for psychological support related to binge eating or loss of control eating, hyperphagia, eating in the absence of hunger (emotion or boredom-driven), or difficulties related to weight stigma.

There is a high rate of co-morbid anxiety, depression, and attention-deficit/hyperactivity disorder in each of these populations. Both teams include physicians, dietitians, social workers, and advanced care providers.

The externship consists of: clinical assessment of disordered eating and co-morbid concerns, clinical training in providing eating disorder treatment (up to 4 patients utilizing CBT-E, CBT-AR, FBT), clinical training in delivering intensive health behavior and lifestyle treatment for obesity, co-leading group therapy programs, and consultation team meetings for multidisciplinary care.



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Externs will also have the opportunity to participate in research focused on eating disorder assessment, diagnosis, and treatment among a largely racial and ethnic minority population of patients.

Qualifications: Applicants must be in at least the third year of a doctoral program and have completed formal coursework in child development and treatment, and prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired but not required. Preference will be given to advanced doctoral students.

Time Requirements: 2 days per week from July to June (16hrs/week)

Locations:

Children's National – Friendship Heights
5028 Wisconsin Ave NW, Suite 350
Washington, DC 20016

Children's National- Takoma
6833 4th St NW
Washington, DC 20012

Number of Positions Being Offered: 1 extern will be recruited for this position

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026>; (see page 4 of this application brochure)
2. Email a cover letter, CV, and at least two letters of recommendation to Sarah Hornack, PhD at shornack@childrensnational.org



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CLINICAL EXTERNSHIP IN BEHAVIORAL SLEEP MEDICINE CLINIC

Description: This externship is ideally suited for advanced practicum students (3rd or 4th year) with a least one year of clinical child experience who are seeking comprehensive training in behavioral sleep medicine and pediatric psychology. Externs will spend one day each week (Thursday) providing comprehensive assessment, follow-up consultation and psychotherapy to out-patients with sleep disorders and co-morbid psychopathology. Clinical activities will be under the direct supervision of Tyish Hall Brown, Ph.D., MHS, licensed clinical psychologist and Director of Behavioral Sleep Medicine.

The Behavioral Sleep Medicine Clinic offers externs the opportunity to gain expertise in the diagnosis and treatment of sleep disorders through clinic consultation, long-term therapy with children, teens, and families, and didactic experiences (optional Sleep Seminar Series). Sleep and circadian regulation are complex domains of cutting-edge clinical science that require special training in context of a specialized sleep clinic. Training focuses on the diagnosis and assessment of pediatric sleep disorders and basic circadian and sleep regulation, evaluation of complex cases that often involve sleep disturbances and comorbid medical, psychiatric and developmental disorders as well as evidenced based treatment for sleep disorders. In addition to leading comprehensive assessment of sleep problems, externs take on short and long-term psychotherapy patients with chronic sleep disturbance as well as sleep and psychiatric disorders using evidence-based therapies including, CBT and mindfulness medicine. In addition to group and individual supervision, externs may provide and receive peer supervision among a very diverse group of specialties including more advanced psychology trainees, sleep medicine physicians and fellows (from disciplines including pediatrics, neurology, pulmonary critical care, family medicine, internal medicine) and psychiatry.

Qualifications: Applicants must be in at least the third year of a doctoral program and have had one full year in pediatric rotation involving both assessment and treatment, with a documented interest in gaining experience in a medical/pediatric setting.

Time Requirement: 4-6 hours/ week (clinic 8 hours; report writing/didactics 2 hours). The Pediatric Sleep Medicine rotation is held on Thursdays. This is a 1 year externship from July 2024 – June 2026.



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Location: Children's National Hospital, 111 Michigan Avenue, NW Washington, DC 20010

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026>; (see page 4 of this application brochure)
2. Send a letter of interest; CV/resume, and two letters of recommendation via email to:

Tyish Hall Brown, Ph.D., MHS
Division of Pulmonary and Sleep Medicine
Children's National Hospital
111 Michigan Avenue, NW 20010
thallbrown@childrensnational.org
(202) 476-6209



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CLINICAL EXTERNSHIP IN CHILD & ADOLESCENT BURN AND TRAUMA SURGERY

Externship Description: Advanced clinical psychology doctoral students are encouraged to apply to work with the Burn Trauma Surgery Team's Psychology Service. This team is multidisciplinary and includes physicians, nurse practitioners, physical therapists, occupational therapists, social workers, dietitians, Child Life specialists, postdoctoral fellows, and psychologists. Team members work with individual families to assist with medical and behavioral management of the injury and recovery. This externship offers clinical and research experiences, as well as the opportunity to contribute to program development. Potential experiences are as follows:

1. Consultation with families of children with burn and other traumatic injuries. This includes meeting with families as part of their visits in the hospital's fast-paced outpatient burn clinic. Psychology provides psychoeducation regarding supporting adjustment, psychosocial screening, and brief interventions including pain management strategies as well as other behavioral and cognitive strategies. Attending clinic may provide observational and experiences with interdisciplinary team including physicians, nurse practitioners, occupational and physical therapists working with children/families.
2. Outpatient evaluation and psychotherapy with children and families. Common referral questions include difficulty adjusting to injury, posttraumatic stress disorder, anxiety, and depression. There are some opportunities for training in conducting trauma-focused cognitive-behavioral therapy (TF-CBT).
3. Consultation and treatment with children who have experienced burn and other traumatic injuries during their inpatient hospitalization. Potential duties include reviewing medical records, interviewing children and families, case conceptualization, recommendations for treatment/referral, and providing feedback (verbal and chart notes) to medical team.
4. Assistance with and experience in participating and observing program development, with particular tasks including (1) developing a referral network and (2) developing standardized psychosocial assessment screening program.
5. Research opportunities may be available for interested and motivated candidates. Clinical research topics may include topics relating to family adjustment to injury and include skill



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building opportunities in literature reviews, preparing IRB protocols, obtaining consent, database management, and preparing presentations and manuscripts.

6. Formal didactic opportunities include psychology externship didactics, multidisciplinary burn rounds, clinical research meetings, psychiatry grand rounds, and pediatric grand rounds. Didactic availability depends on the days of the week for externship.

Qualifications: Formal coursework in child assessment and child psychopathology/treatment is required. Prior practicum experience in child or adolescent therapy is also required; prior work on a multidisciplinary team preferred.

Time Requirements: 16 hours/week. Available days for externship include Mondays, Wednesdays, and Fridays.

Locations: Children's National Main Hospital: 111 Michigan Ave NW, Washington, DC 20010

Number of positions being offered: 1 position will be offered

To Apply:

- 1) Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure);
- 2) Please email a letter of interest, curriculum vitae, and two letters of reference to: Carrie Tully, Ph.D., (202) 476-4546 / ctully1@childrensnational.org and use subject line, "Trauma/Burn Extern Application."



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CLINICAL EXTERNSHIP IN ENDOCRINOLOGY & DIABETES

Description: This externship is for advanced clinical psychology practicum students seeking further training in pediatric psychology within the Division of Endocrinology & Diabetes at Children's National Hospital. The diabetes team is multidisciplinary and includes medical providers, nurse educators, dietitians, social workers, and psychologists. Psychology team members meet with children and families newly diagnosed with diabetes and also work with individual youth and families to assist with medical and behavioral management of endocrine disorders and type 1 and type 2 diabetes. In addition to formal in-person supervision, opportunities for didactics and participation in behavioral research lab activities are available. Further, priority is placed on attendance and active participation in extern didactics and a variety of health equity trainings offered through the division and hospital.

Potential experiences are as follows:

1. Outpatient psychotherapy with children and families - typical caseload 3-6 weekly patients. Common referral issues include difficulty adjusting to diabetes diagnosis, adherence to medical regimen, anxiety, depression, parent-adolescent conflict, and family communication difficulties.
2. Consultation during outpatient diabetes and endocrine clinic appointments (e.g., Type 2 Diabetes Clinic, Turner Syndrome). Attending clinics may include participant-observation experiences with medical providers, nurse educators, and dietitians working with children/families. Brief psychological consultations are often requested during clinics as well.
3. New patient visits (NPVs) - externs typically conduct diagnostic interviews (2 per month) with families presenting for a wide range of concerns. During this visit, recommendations/referrals are also provided to families.
4. Co-leading behavioral and psychosocial group for parents and teens with diabetes as well as assisting with programming designed to help support families with diabetes (e.g., Family Night; Off to College/Transition Workshop).
5. Didactics and research opportunities are available including: (1) participating in research lab meetings and (2) discussing relevant research regarding diabetes management in



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children and teenagers with type 1 and type 2 diabetes. Opportunities for research and didactics depend on days of week of externship and could also include (a) extern didactics/health equity trainings, (b) multidisciplinary diabetes team meetings, (c) clinical research meetings, (d) behavioral health grand rounds, and (e) pediatric grand rounds.

Qualifications: Formal coursework in child assessment and treatment is required. Prior practicum experience in child or adolescent therapy is also required.

Time Requirements: 1 day (8 hours) or 2 days (16 hours) per week; Available days for externships include Monday – Friday.

Number of positions being offered: Up to 3 positions will be offered

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Please email a letter of interest, curriculum vitae, and two letters of reference to: Lauren Clary, Ph.D., (202) 476-2231, LClary@childrensnational.org.



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CLINICAL EXTERNSHIP IN GASTROENTEROLOGY

Description: This externship is ideally suited for advanced practicum students seeking further training in pediatric psychology. The Division of Gastroenterology provides outpatient psychological consultation and treatment to a diverse clientele of families with conditions such as inflammatory bowel disease, functional abdominal pain, celiac disease, eosinophilic esophagitis, and encopresis. This position offers opportunities to participate in a range of multidisciplinary outpatient clinics and services at the main hospital and/or regional outpatient centers (ROCs). Time would be spent under the direct clinical supervision of Shayna Coburn, PhD and Emma Larson, PhD in the Gastroenterology Division:

- **Inflammatory Bowel Disease Clinic:** (1st, 3rd, and 4th Thursdays of the month 8am-5pm at the main hospital) Provides evaluation and treatment of newly diagnosed and complex patients with ulcerative colitis and Crohn's disease. Patients are seen by a range of specialists including a gastroenterologist, nurse, psychologist, and dietitian. Brief assessment and outpatient therapy addresses coping with chronic illness, self-management, procedural anxiety, and depression.
- **Encopresis Clinical Service:** (Multiple days each week at the main hospital and via telehealth) Provides outpatient therapy in combination with collaborative medical treatment for children and teens with chronic constipation, stool withholding, and soiling. Student will utilize components of behavior modification and parent training for treatment in this service.
- **Functional GI Disorders Clinical Service:** (Multiple days each week at the main hospital and via telehealth) Provides outpatient therapy for a range of disorders of the gut-brain axis including chronic abdominal pain, rumination, nausea, and anxiety. Student will utilize components of CBT, mindfulness, and pain management for treatment in this service.
- **Celiac Disease Clinic:** (alternating Wednesdays in-person at Montgomery County ROC and main hospital and Fridays via telehealth) Provides outpatient consultation and treatment to children and adolescents with celiac disease, requiring a strict gluten-free diet. Psychologists are integrated into clinic visits alongside a physician, nurse, dietitian, and education specialist to address coping with diagnosis, dietary changes, physical symptoms, and eating/feeding challenges. Potential experiences include half-day weekly clinic, therapy, and optional groups for teens and parents (2 hours on a weekday evening).
- **Group Therapy for Chronic Pain:** (Date and time TBD) There is an opportunity to



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establish and expand upon a standardized, virtual, group therapy program for children and teens with chronic pain and discomfort. Student may assist with program development, administration, and co-leading groups with other mental health providers.

Qualifications: Applicants must be in at least the third year of a doctoral program and have prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired, but not required. Preference will be given to advanced doctoral students.

Number of Positions Being Offered: Up to two externs will be recruited for this externship.

Time Requirement: The extern will spend one or two days 8-16 hours/week.

Children's National Hospital Locations:

- Main Hospital: 111 Michigan Ave NW, Washington, DC 20010
- Montgomery County ROC: 9850 Key W Ave, Rockville, MD 20850 (optional)
- Telehealth: may be conducted from home or location of trainee's choice

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026>
2. Please send a letter of interest, CV/resume, and two letters of recommendation via email to:

Shayna Coburn, PhD
Licensed Clinical Psychologist
scoburn@childrensnational.org

Emma Larson, PhD
Licensed Clinical Psychologist
egl Larson@childrensnational.org



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CLINICAL EXTERNSHIP IN SOLID ORGAN TRANSPLANT

Description: This externship is ideally suited for advanced clinical psychology doctoral students seeking comprehensive training in pediatric psychology. Direct supervision will be provided by Kaushal Amatya, Ph.D, pediatric psychologist.

The divisions of nephrology and cardiology provide kidney and heart transplant services to children aged 0-17 and follow up care to patients up to age 21. The transplant teams are multidisciplinary and include physicians, nurse practitioners, nurse educators, dietitians, social workers, child life specialists, pharmacists, and psychologist. Psychological services include transplant readiness evaluations, adjustment to diagnosis and treatment, preparation for transplant, and follow up care for adjustment and adherence. Nonadherence to medications and medical recommendations is the primary presentation for therapeutic services. It is prevalent in significant portion of the transplant population and is associated with poor graft survival and shorter life expectancy. Psychosocial difficulties can lead to or contribute to nonadherence and need to be monitored regularly. Additionally, psychology is involved in dialysis clinic and provides services to children and adolescents receiving dialysis and renal replacement therapy.

This externship offers clinical, research, and didactic experiences as well as opportunities to contribute to program development. Potential experiences include:

- Consultations with families attending the multidisciplinary transplant clinics (Tuesdays and Thursdays, 8:30-12pm) and dialysis clinics (MWF 8am- 6pm)- externship schedule is flexible based on extern availability and interest and need for services. Psychology provides services including adherence and psychosocial screening and brief interventions to improve adherence, pain management, healthy diet/weight, sleep, and emotional/behavioral functioning.
- Outpatient therapy services for children and adolescents prior to or post-transplant. Services may be provided in-person or via telehealth.
- Consultations with patients and families in inpatient in the heart and kidney unit and the cardiac ICU.
- Formal didactic opportunities include multidisciplinary transplant and dialysis rounds, program development meetings, and pediatric grand rounds. Didactic availability depends on the days of the week for externship.
- Research opportunities: (1) investigating quality of life in pediatric dialysis and transplant patients (2) pre-transplant psychosocial functioning and association with



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nonadherence (3) transition readiness in adolescents and young adults.

- Assistance with and experience in participating and observing program development exist, with particular tasks including (1) developing a referral network and (2) developing standardized psychosocial assessment screening program.

Qualifications: Prior practicum experience in child or adolescent therapy is required. Preference will be given to doctoral students in at least their 3rd year. Experience with medically ill populations is desired, but not required.

Time Requirement: 8-16 hours/week; days are negotiable based on extern's availability and interests. It is anticipated that this will be a 1 year externship from July 2026-June 2027.

Number of positions being offered: 1 extern will be recruited for this position.

Location: 111 Michigan Avenue NW, Washington, DC 20010

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Please email a letter of interest, curriculum vitae, and two letters of reference to: Kaushal Amatya, Ph.D., Divisions of Nephrology and Cardiology, kamatya@childrensnational.org, (202) 476-5059



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CLINICAL EXTERNSHIP IN EARLY CHILDHOOD BEHAVIORAL HEALTH

This externship is ideally suited for advanced practicum students seeking further training in early childhood behavioral health. The extern will spend 2 days per week with the [Early Childhood Behavioral Health Program](#) (ECBHP) at Children's National Hospital (CNH). The Early Childhood Behavioral Health Program at Children's National provides outpatient care to young children (6 years and under) and their families. Externs will gain experience working with children experiencing a variety of behavioral and mental health disorders including internalizing and externalizing problems. Externs will have opportunities to conduct initial intake evaluations and facilitate ongoing therapy/treatment. This year, ECBHP will offer 2 externship tracks:

(1) General Early Childhood Track: The extern will gain exposure to a variety of evidence-based individual and group-based interventions, such as:

Individual Therapy: Parent-Child Interaction Therapy (PCIT), ABA-informed therapy, anxiety treatment, behavioral parent training

Group Therapy: RUBI Parent Training for Disruptive Behavior, We Thinkers (for social communication challenges), Unstuck and On Target for Preschoolers (for executive function challenges), group for families with children recently diagnosed with autism

(2) Intensive Behavioral Therapy Track: The extern will gain exposure to Parent Child Interaction Therap short-term, intensive behavioral therapy for disruptive behaviors. Families attend 2-hour treatment sessions twice weekly over a 5-week period, totaling 20 hours of therapy. During this time, children and their caregivers undergo a behavioral therapy "boot camp" with the goal of acquiring more adaptive behaviors, building tolerance for challenging situations (e.g., restricting toys/TV/iPad, leaving preferred places, complying with commands, not having parent's attention) and reducing maladaptive behaviors. There is an option to gain exposure to 1-2 therapies in the general track, depending on extern's time and interest.

In addition to formal in-person supervision, opportunities for didactics include case conferences with child psychiatrists and clinical social workers, psychiatry grand rounds, and clinical seminars.

Qualifications: Applicants must have completed (1) at least 1 practicum experience in child/adolescent therapy or assessment outside of their university training program and (2) formal coursework in child development and treatment. Preference will be given to



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advanced doctoral students with a strong interest or experience in early childhood behavioral health.

Number of Positions Being Offered: 1-2 externs will be recruited for this externship

Time Requirement: 16 hours/week (2 full days). The Early Childhood Behavioral Health Program Externship options for days include Mondays, Tuesdays, Thursdays, or Fridays. It is anticipated that this will be a one-year externship from July 2026 to June 2027.

Locations: 1. Children's National Hospital, Takoma Theatre Regional Outpatient Clinic
6833 4th Street NW
Washington, DC 20012
2. Some of the work may be done via telehealth

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Please send a letter of interest, CV/resume, and two letters of recommendation via email to Robin Han, PhD Licensed Psychologist, rchoihan@childrensnational.org



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CLINICAL EXTERNSHIP IN ADHD AND LEARNING DIFFERENCES

Description: The *ADHD & Learning Differences Program* at Children's National Hospital (CNH) is a specialized program dedicated to engaging in innovative interdisciplinary research and training, providing high quality services for children, adolescents, and families, and working with school partners and community-based organizations to improve care for ADHD. We provide outpatient services to families and children/adolescents (ages to 6-18) with neurodevelopmental disorders including ADHD and specific learning disorders, as well as behavioral, anxiety, and mood disorders. The extern will spend two days per week conducting empirically-based assessment and providing individual, group, and family-focused treatment services through the *ADHD and Learning Differences Program* at CNH. This externship offers rich clinical and research experiences, as well as the opportunity to contribute to program development. Potential experiences include:

- *Diagnostic evaluations* and assessment of ADHD, attention, learning, and/or behavioral concerns for children and adolescents, comprehensive report writing, and follow-up consultation
- *Parenting interventions* including individual and group-based therapy programs to empower parents to effectively manage a child's attention and behavior
- *Adolescent education support* for youth ages 11 to 18 years old (middle and high school) to achieve success in school by improving organization, time management, and homework performance
- *Family therapy* with parents/caregivers and youth to receive individualized training to manage ADHD and/or behavior concerns
- *Group therapy* for children and adolescents to build skills and practice with their same age peers
- *Frustration management* to promote effective coping with frustration and negative emotions for children ages 8 to 11 years old
- Additional externship opportunities include working with youth with medical illnesses histories and complex co-occurring mental health concerns
- In addition to formal, in-person supervision, externs will also have the opportunity participate in case conferences, attend behavioral health grand rounds, pediatric grand rounds, psychiatry grand rounds, and clinical seminars (depending on the day of the externship)
- Externs also be invited to attend and present at weekly clinical research seminars on ADHD and have the opportunity to participate in research projects
- Additional research opportunities may be available for interested and motivated candidates. Clinical research topics may include topics relating to ADHD and learning including school interventions and mechanisms underlying social, emotional, and academic functioning, substance use and other risk behaviors. Opportunities for providing school consultation, obtaining consent/assent, and preparing presentations and manuscripts are available and encouraged.



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Qualifications: Formal coursework and prior direct clinical experience in child/adolescent assessment and treatment is required. Preference will be given to advanced doctoral students (3rd year and above) with a strong knowledge of psychopathology and behavioral interventions including CBT and behavioral parent training (BPT) skills.

Time Requirements: 16 hours/week. The specific days will be worked out to suit the extern's schedule.

Location: Takoma Theatre ROC, 6833 4th St. NW, Washington, DC 20012 (metro accessible)

Number of positions being offered: 3 - 4 positions will be offered. We will offer 2 tracks; Assessment track that will include mostly assessment cases weekly with a small treatment caseload (1-2) AND Treatment track that will include mostly intervention with a caseload of 7 – 10 and assessment (1/month) .

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure);
2. Please email a) a letter of interest (with preferred training track indicated), b) curriculum vitae, c) a writing sample, and d) two letters of reference to: Melissa Dvorsky, Ph.D. MDvorsky@childrensnational.org and Sade Akinkuotu, PhD sakinkuotu@childrensnational.org



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CLINICAL EXTERNSHIP IN BEHAVIORAL PARENT TRAINING (BPT)

Description: This externship is ideally suited for advanced practicum students seeking further training in childhood ADHD. Externs will spend two days per week providing outpatient services through the Behavioral Parent Training (BPT) Clinic.

The Behavioral Parent Training (BPT) Clinic at CNH serves parents of children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD), offering parents assistance in managing their children's challenging behaviors. BPT is one of the few empirically validated interventions for childhood ADHD, making it a critical element to most treatment plans developed for children with ADHD. Clinic staff work with parents, within the context of a supportive environment, to develop effective strategies that can be implemented on a consistent basis. Thorough intake sessions are conducted. Pre-treatment assessments are administered following the intake appointment, in order to guide treatment and track treatment progress. Parents' presenting concerns generally range from mild to severe, and frequently include the following: noncompliance with rules or routines, aggressive behavior, tantrums, disrespectful language, disruptive behavior, and destructive behavior. Sessions are conducted in individual and/or group formats. School consultation is provided, as necessary. Externs participate in all aspects of the interventions described above, under close supervision provided by Dr. Efron. Caseload is determined based on externs' level of training and previous experience.

Optional externship opportunities include conducting individual therapy with children and teens who have been diagnosed with ADHD; this additional experience is ideal for externs who wish to gain expertise in both child-focused, as well as parent-focused, interventions.

In addition to formal, face to face supervision, externs also have the opportunity to attend the Psychology Division's externship seminar series and weekly behavioral health grand rounds.

Location: The Clinic is based at the Fairfax Satellite of Children's National Hospital; 3023 Hamaker Court, Ste. 300, Fairfax, VA 22031

Qualifications: Applicants must be in at least the third year of a psychology doctoral program, have completed formal coursework in child development, child psychopathology and



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treatment, and have had prior practicum experience with child assessment and intervention. Preference will be given to advanced doctoral students.

Number of Positions Being Offered: Two externs will be recruited for this externship.

Time Requirement: 16 hours (2 days)/week.

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Send a letter of interest, CV, and two letters of recommendation via email to Dr. Lisa Efron (lefron@childrensnational.org).

For more information contact: Dr. Lisa Efron at lefron@childrensnational.org or (571) 405-5797.



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CLINICAL EXTERNSHIP IN THE CHILD DEVELOPMENT PROGRAM

Description: The Child Development Program at Children's National Hospital provides comprehensive developmental evaluations to children from birth to four years of age. Presenting concerns of the children referred to our clinic include complications around the time of birth (e.g. prematurity, birth asphyxia, etc), motor delays, language delays, global developmental delay and early signs of intellectual disability, and autism spectrum disorder. Many of the children seen in our clinic have complex medical conditions, underlying neurological complications and/or genetic differences. Our clinic serves a wide range of children and families representing the larger DMV region and we prioritize a culturally responsive, strengths-based approach to evaluation and feedback.

Clinical, Counseling, and Developmental Psychology doctoral students are invited to apply for externship. Externs are given supervised training in evaluation of infants, toddler and preschoolers which includes completion of structured developmental and diagnostic interviews of caregivers, administration and scoring of standardized tests (e.g. Bayley Scales of Infant and Toddler Development, 4th edition, Differential Ability Scales, 2nd edition), and scoring and interpretation of caregiver- and teacher-report measures. In addition, externs will have the opportunity to observe administration of, learn to administer and score the Autism Diagnostic Observation Schedules, 2nd edition (ADOS-2) and the Childhood Autism Rating Scale, 2nd edition (CARS-2).

As part of their experience in assessment, externs will integrate the information obtained from community resources, including schools and early intervention programs as appropriate, as well as the child's medical record. They will help formulate a therapeutic plan and write the assessment report. They will also learn about strategies and interventions to help with common behavior and developmental challenges in this age range.

There are additional optional training opportunities for Spanish speaking trainees interested in working with our bilingual attending psychologists in providing care to Spanish language preferring families, as well as opportunities for trainees interested in learning more about consultation in the Neonatal Intensive Care Unit (NICU).

All trainees will receive 1 hour weekly of formal face-to-face supervision with their primary supervisor and will have immediate supervision for each case they are overseeing with the



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attending psychologist assigned. Externs will have the opportunity to attend the Psychology Department's externship seminar series as well as weekly behavioral health grand rounds.

Qualifications: Graduate-level coursework in child development and assessment is expected. Prior experience with young children is valued but not required. Preference will be given to advanced doctoral students (e.g. rising 3rd year and above), those with prior assessment experience, and strong writing skills.

Time Requirement: 16 hours/week (8 hours/day for 2 days). Clinic hours are from 8 am to 4 pm and externs are expected to arrive to clinic no later than 8:30 am for morning rounds. Externs will be expected to see one patient per day (2 per week) for a weekly total of 2-6 face-to-face patient hours and an additional 2-6 hours of scoring, report writing and editing.

Location: *Children's National Hospital* – 111 Michigan Ave, NW, Suite 3800, WDC 20010 (Mon – Thurs). Site is accessible by Metro.

Number of Positions Being Offered: 2-3 externs will be recruited

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Please email a current CV, letter of interest and two letters of recommendation to both Dr. Melissa O'Connell Liggett (mliggett@childrensnational.org) and Dr. Maria Lauer (mlauer2@childrensnational.org)



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COMBINED CLINICAL EXTERNSHIP IN PEDIATRIC MOOD/TRAUMA

Description: This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from childhood to adolescence. The extern will spend one day, each, per week providing outpatient services through the Mood/Trauma Disorders Program and one day at Children's National Trauma/Burn surgery program at Children's National Hospital (CNH), under the direct clinical supervision of Komal Sharma-Patel, PhD and Carrie Tully, PhD respectively.

The Mood Disorders Program at CNH provides outpatient services to children and adolescents with mood disorders (e.g. major depression, pediatric bipolar disorder, disruptive mood dysregulation disorder) and also to youth reporting trauma histories with PTSD symptomatology, and their families. Externs will gain experience in assessment and treatment of trauma using evidence-based treatment (Trauma-Focused CBT) models, and mood disorders through individual and family formats.

The psychology team in the Trauma/Burn Service at Children's National provides inpatient and outpatient consultation, evaluation, and treatment for youth and their families following injuries. The majority of patients will be seen through the Ambulatory Burn Clinic. There will be opportunities given for inpatient consult/liaison with children hospitalized for medical trauma. Externs will have the opportunity for exposure to outpatient treatment within the context of injuries using evidence-based pediatric psychology techniques such as TF-CBT and ACT-based principles.

In addition to formal, in-person supervision, externs within the both Mood/Trauma and Trauma/Burn Program will also have the opportunity participate in case conferences with child psychiatrists, attend behavioral health grand rounds, and clinical seminars (depending on the day of the externship).

Qualifications: Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with conducting cognitive behavioral therapy, preferably with children and adolescents. Preference will be given to advanced doctoral students.

Number of Positions Being Offered: One extern will be recruited for this externship.



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Time Requirement: 16 hours (2 days)/week. Monday, Wednesday and/or Fridays preferred. Services are provided in person at the Takoma Theater clinic and at downtown Children's National Hospital location. It is anticipated that this externship will run through June 2027.

Location: both locations metro accessible

1. Children's National Hospital- Takoma Theater, 6833 4th St. NW, Washington, DC 20012;
2. Children's National Hospital, 111 Michigan Avenue, NW, Washington, DC 20010

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Send a letter of interest; CV/resume, and two letters of recommendation via email, using subject line, "Mood/Trauma Extern Application" to Drs. Sharma-Patel and Tully.

Komal Sharma-Patel, Ph.D
Licensed Clinical Psychologist
Children's National Hospital
ksharmapat@childrensnational.org

Carrie Tully, PhD
Licensed Clinical Psychologist
Children's National Hospital
ctully1@childrensnational.org



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WHOLE BEAR CARE: PRIMARY CARE BEHAVIORAL HEALTH SERVICES

Description: This externship opportunity involves providing behavioral health services to children, adolescents, young adults, and families receiving services at community-based primary care clinics through Whole Bear Care (WBC): Primary Care Behavioral Health. Currently, WBC embeds psychologists alongside pediatricians and clinical staff within several community primary care clinics across the District of Columbia. As such, psychologists ensure timely identification of mental health problems within one trusted setting. Psychologists are co-located in these integrated care clinics and work with patients exhibiting a range of externalizing and internalizing disorders. Psychologists prioritize multidisciplinary communication and collaboration with multi-disciplinary care teams as well as other key professionals internal and external to Children's National (social workers, psychiatrists, medical specialists, school staff, community-based therapists).

The psychology externship with Whole Bear Care offers the opportunity to engage in the following experiences. We will work with externs to tailor the experience to their interests:

Consultation within primary care: The extern's primary role is to provide consultation to patients and their primary care providers around a range of mental health issues. The extern will work closely with both the family and primary care provider during the triage and consultation process to ensure that issues are adequately addressed either within primary care or within the community.

Therapy within primary care: The extern will carry an ongoing caseload of 2-4 short- to medium-term therapy cases seen within the primary care clinic. Types of cases can be tailored to the extern's interests. Some previous interests have included parent training, ADHD, anxiety and mood treatment, sleep interventions, and medication adherence.

All Whole Bear Care externs are also given the opportunity to participate in a bi-monthly didactic series and a 9-week racial equity training.

Required extern experiences include:

1. Outpatient behavioral health consultation with children, adolescents, young adults, and families regarding general mental health concerns. Consultation includes assessment of presenting concern, referral to appropriate mental health services, and in-session intervention as warranted.



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2. Same-day behavioral health consultation with primary care teams regarding general mental health concerns and developmental concerns about patients.
3. Outpatient therapy with children, adolescent, young adults, and families regarding general mental health concerns.
4. Timely documentation of service provision in the electronic medical record.

Qualifications: This is a **fast-paced** externship requiring previous direct clinical experience with children and adolescents. Preference will be given to advanced doctoral students (3rd yr or higher) with a strong knowledge of psychopathology and appropriate interventions. Trainees interested in providing services in Spanish should be prepared to discuss their level of fluency with psychologist at interview.

Time Requirements: 16 hours/week from September to May (earlier start date negotiable). Preferably, the candidate would be available for orientation and training during August. Specific days on-site to be coordinated with supervising psychologist but clinical days are available Monday-Friday.

Number of Positions Being Offered: 1-2 externs will be recruited for this externship.

Location: Trainees may be selected to complete their training at any of the following pediatric primary care sites:

1. Children's National Columbia Heights, 3336 14th St NW, Washington, DC 20010
2. Children's National Anacostia, 2101 Martin Luther King Jr Ave SE, Washington, DC 20020

To Apply:

- 1) Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
- 2) Please email a letter of interest, curriculum vitae, at least two letters of reference to Stefania Pinto, Ph.D., Psychologist, Whole Bear Care: Primary Care Behavioral Health Services, email: spinto@childrensnational.org



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CHILD INPATIENT PSYCHIATRY EXTERNSHIP

Description: The Inpatient Psychiatry Externship is ideally suited for a trainee who enjoys working in a fast-paced, multidisciplinary team environment with youth with emotional and behavioral dysregulation. This externship opportunity involves providing therapeutic services to children and adolescents while they are on an acute psychiatric inpatient unit. The extern will work on both the Child Psychiatric Unit (CPU) and the Adolescent Psychiatric Unit (APU). The APU/CPU are for children who have been deemed a danger to themselves or others. Patients generally have a history of self-injury, suicidal behavior, severe aggression, psychosis, or difficulties with emotional and behavioral dysregulation. Externs will have the opportunity to work with a wide variety of patients with complex presentations. The average length of stay for patients is between 5-7 days. The extern will collaborate with a dynamic multi-disciplinary team with psychiatry, medical trainees, child psychiatric specialists, child life, nursing, expressive therapy, and social work. Dialectical Behavior Therapy and Cognitive Behavioral Therapy techniques are generally utilized to achieve stabilization and create safety plans. The extern will be directly supervised by the attending psychologist, Deborah Zlotnik, Ph.D. and postdoctoral fellow, and will also work closely with the attending psychiatrist. The psychology externship with inpatient psychiatry offers the opportunity to engage in the following experiences:

- Carry a caseload of two patients. The extern will be responsible for conducting diagnostic interviews, short-term individual therapy, creating behavior plans, crisis management, safety planning, and coordinating with our case management team. The extern will also have the experience of attending and participate in family meetings.
- The extern will attend patient rounds and have the opportunity to participate in the therapeutic milieu.
- The extern will lead or co-lead 2 groups teaching cognitive behavior therapy (CBT), Dialectical Behavior Therapy (DBT), and social skills to both youth and caregivers.
- The extern will have 2 hours of supervision.
- The extern will have an opportunity to learn DBT techniques.

Qualifications: This is a *fast-paced* externship requiring previous direct clinical experience with children and adolescents. Preference will be given to advanced doctoral students (3rd year or higher) with a strong knowledge of psychopathology and appropriate interventions. An ideal applicant will have familiarity with CBT and DBT skills.



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Time Requirements: 16 hours/week from July to June, start date flexible. Specific days on-site to be coordinated with supervising psychologist.

Number of Positions Being Offered: 1-2 externs will be recruited for this externship.

Locations: Children's National Hospital – Main Hospital, 111 Michigan Avenue, N.W., Washington, D.C.

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Please email a letter of interest, curriculum vitae, at least two letters of reference to **Deborah Zlotnik, Ph.D.**, Licensed Faculty Psychologist, Inpatient Psychiatry E-mail: Dzlotnik@childrensnational.org



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EXTERNSHIP IN SPORTS MEDICINE

Description: This externship is ideally suited for advanced practicum students seeking specialized training within an academic medical center or pediatric setting. The Sports Medicine Program is a multidisciplinary team specializing in management of sport-related injuries and providing holistic care to athletes. Physicians, surgeons, physician assistants, psychologists, physical therapists, and athletic trainers work together as a team and collaborate with community providers (pediatricians, schools, etc.) to facilitate and implement care. Our behavioral team includes two psychologists.

The externship provides clinical training in pediatric psychology, sport psychology, pain management, and behavioral sleep medicine. Externs will conduct intakes and provide consultation and short-term therapy. There is the possibility to earn supervised hours required for becoming a Certified Mental Performance Consultant® (CMPC).

Potential experiences are as follows:

1. Outpatient psychotherapy with children, adolescents, young adults, and families - typical caseload 4-6 weekly patients. Common referral issues include difficulty adjusting to sports-related injury, adherence to medical/physical therapy regimen, chronic pain, sleep disturbances, anxiety, and depression.
2. Consultation, education, and counseling with children/adolescents who are undergoing or have undergone surgery for a sports-related injury.
3. Didactics and research opportunities are available including weekly research meetings, seminars on common sports-related injuries, and discussing pertinent research regarding psychosocial impact of sports injuries. Opportunities for outreach may also be available. Opportunities for research, didactics, and outreach depend on days of week of externship and could also include (a) extern didactics/DEI trainings, (b) multidisciplinary sports medicine team meetings, (c) clinical research meetings, (d) psychiatry grand rounds, and (e) pediatric grand rounds.

Qualifications: Applicants must be in at least the third year of a doctoral program with experience in child and adolescent therapy and documented interest in gaining advanced experience in a medical/pediatric setting.



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Time Requirement: Externships are 1-year and will occur from Summer 2026 – Spring/Summer 2027. Anticipated 8 (1 day) -16 (2 days) hours per week. Clinic days are Mondays (½ day), Wednesdays, and Thursdays.

Location*: Fight for Children Sports Medicine Center: 1 Inventa Place, Suite 150, Silver Spring, Maryland 20910

**Note: Some clinical care may be provided through telehealth.*

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure);
2. Please send your letter of interest, curriculum vitae, and 2 letters of reference directly from recommenders to Chelsey Bowman, PhD, CMPC® (cbowman@childrensnational.org).



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EXTERNSHIP IN BEHAVIORAL HEADACHE & CONCUSSION PROGRAMS

Description: This externship is ideally suited for advanced practicum students seeking specialized training within a pediatric hospital setting. This is a joint externship opportunity between the Headache and Concussion Programs. This position includes one day working within the interdisciplinary chronic headache team in the evaluation/diagnostic program along with neurologists, neurology fellows, and nurse practitioners. The second day will entail working within the multidisciplinary Safe Concussion Outcome Recovery & Education (SCORE) clinic.

Both clinics provide clinical training in pediatric psychology and pain management. Specialty seminars and didactics are available as well. Theoretical orientations utilized include an integrative approach involving cognitive and behavioral, acceptance and commitment therapy, and other mindfulness approaches. The externship includes interdisciplinary evaluation/consult clinics and short-term individual therapy, as well as opportunities to collaborate with care teams and schools. Trainees will leave externship with experience working in multi-disciplinary teams within a medical setting, and utilizing evidence-based treatment approaches that are highly transferable to other pediatric populations

The Headache Program is an interdisciplinary team consisting of neurologists, psychologist, neurology fellows, medical students, and nurses who collaborate as a team to evaluate, diagnose, and treat children and adolescents with various headache conditions.

The Concussion Program is a multidisciplinary team consisting of neuropsychologists, psychologist, neurologist, and a physical therapist. The extern will provide evaluations for patients with a range of physical, behavioral/emotional, cognitive, and sleep disturbance symptoms following a concussion (mild traumatic brain injury). Twice a month there is also the Comprehensive Concussion Clinic, which is an interdisciplinary clinic serving children, adolescents, and young adults with more acute injuries or persisting symptoms. Note- this clinic is dedicated to Tuesdays at the Shady Grove location (Rockville, MD) or Thursdays at the Fight for Children Sports Medicine Center in Silver Spring, MD.

Qualifications: Applicants must be in at least the third year of a doctoral program with experience in child and adolescent therapy and documented interest in gaining advanced experience in a medical/pediatric setting.



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Time Requirement: Externships are 1-year and will occur from Summer 2026 – Spring/Summer 2027

Note: Ideally this is a 2-day externship (16 hours/week) and is tentatively dedicated to Tuesdays (Shady Grove) & choice of either Monday or Wednesday. There is possibility to participate in the Comprehensive Concussion Clinic on Thursdays in Silver Spring if a candidate is interested.

Number of positions being offered: 1-2 externs will be recruited for this externship.

Children's National Hospital Locations: *Flexibility with location is important*

- Prince George's County: 2900 Campus Way N, Lanham, Maryland 20706
- Friendship Heights: 5028 Wisconsin Avenue NW, Washington, District of Columbia 20016
- Shady Grove: 15245 Shady Grove Road, Rockville, Maryland 20850
- Silver Spring: 1 Inventa Place, Suite 150, Silver Spring, Maryland 20910

**Note: Some clinical care may be provided through telehealth.*

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Please send your letter of interest, curriculum vitae, and 2 letters of reference directly from recommenders to Chelsey Bowman, PhD (cbowman@childrensnational.org).



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COMBINED EXTERNSHIP IN PEDIATRIC MEDICAL PSYCHOLOGY AND CLINICAL CHILD PSYCHOLOGY

Description: This externship is ideally suited for advanced practicum students seeking further training in both inpatient and outpatient settings, serving children and their families from early childhood through adolescence. The extern will rotate through 3 experiences over the course of the year.

Specifically, during the first 6 months of the externship (July-December 2026), the extern will spend 2 days per week providing outpatient services through the (1) Pediatric Medical Outpatient Psychology Program and (2) the Anxiety Disorders Program under the direct supervision of Dr. Irene Zhang. During the **second 6 months** (January-June 2027), the extern will continue in (1) the Pediatric Medical Outpatient Psychology Program and transition to (3) the Inpatient Hospital Medicine Program, continuing 2 days per week and providing inpatient and outpatient services under the direct supervision of Dr. Ameena Ahmed.

Semester 1 (July to December 2026)	Semester 2 (January to June 2027)
Pediatric Medical Outpatient Psychology Program	
Anxiety Disorders Program	Inpatient Hospital Medicine Program

(1) The Pediatric Medical Outpatient Program at Children's National Hospital provides specialized care to children and adolescents with acute and chronic medical conditions whose diagnoses or treatments impact daily functioning, mood, or behavior in an outpatient setting. Common concerns include coping with chronic illness, adherence to complex treatment regimens, needle- or procedure-related distress, pain, fatigue, and adjustment difficulties. Externs will gain hands-on experience in the assessment and treatment of these concerns. Training goals focus on building skills in evidence-based approaches, including Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), and Dialectical Behavior Therapy (DBT), with children, adolescents, and their families.

(2) The Anxiety Disorders Program at Children's National Hospital provides specialized care to children and adolescents with anxiety and related disorders (e.g., generalized anxiety disorder, social anxiety disorder, separation anxiety disorder, specific phobia, OCD, tics). Externs will gain hands-on experience in the assessment and treatment of anxiety disorders in school-aged children (5-18 years old). This experience offers the opportunity to strengthen clinical skills in evidence-based interventions including CBT, exposure and response prevention (ERP), and



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Supportive Parenting for Anxious Childhood Emotions (SPACE) with children, adolescents, and their families. For externs with a strong interest in other clinical presentations, there may be opportunities during the first half of the externship to take on outpatient cases involving other presenting concerns.

(3) The Inpatient Hospital Medicine Program at Children's National Hospital provides consultation-liaison services to children and adolescents admitted to the hospital for a wide range of acute and chronic medical conditions. Psychology consultation focuses on concerns such as adjustment to hospitalization and illness, procedure-related distress, pain, adherence challenges, mood and anxiety symptoms, somatic symptoms, and family stress. Externs will gain experience conducting focused inpatient assessments, monitoring psychosocial factors that may influence medical stability, and providing brief evidence-based interventions at bedside (e.g., CBT- and ACT-informed coping skills, relaxation strategies, motivational interviewing, psychoeducation). Externs will also collaborate closely with interdisciplinary teams (e.g., hospital medicine physicians, nursing, child life, psychiatry, speech therapy, occupational therapy, physical therapy).

Additional experience: Externs will also have the potential opportunity to:

- Participate in case consultations with interdisciplinary teams and conferences with child psychiatrists
- Provide or observe group therapy
- Attend behavioral health grand rounds and externship didactics
- Participate in group supervision (depending on the day of the externship)

Qualifications: Applicants must be in at least the third year of a doctoral program in clinical, counseling, or school psychology. Formal coursework and prior direct clinical experience in child/adolescent assessment and treatment are required. Experience with pediatric medical populations is desired but not required. Preference will be given to advanced doctoral students with a strong knowledge of psychopathology and evidence-based interventions including CBT. Some experience with adults is helpful but not required.

Number of Positions Being Offered: One (1) extern will be recruited for this externship.

Time Requirement: 16 hours (2 days/week), Tuesdays and Thursdays preferred. Services are provided through a combination of telehealth and in-person sessions. Please note that there is some flexibility for remote telehealth during the first 6 months of the externship. For the final 6



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months, both days will require in-person attendance. It is anticipated that this will be a 1-year externship from July 2026 to the end of June 2027.

Location: 111 Michigan Avenue, NW, Washington, DC 20010

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026>
2. Send a letter of interest, curriculum vitae, and two letters of recommendation (directly from letter writers) via email with heading Externship application LASTNAME to: Ameena Ahmed, PsyD (aahmed5@childrensnational.org) and Irene Zhang, PhD (izhang@childrensnational.org)



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PEDIATRIC PSYCHOLOGY: MEDICAL DERMATOLOGY CLINIC

The Pediatric Dermatology Clinic is an integrated subspecialty service that provides care to a diverse population of children, adolescents, and young adults with a wide range of dermatological conditions. More than half of dermatology patients are Spanish speaking, with Children's being the only pediatric dermatology clinic for publicly insured youth in the DMV-area. Externs will gain experience in assessment and intervention strategies aimed at promoting adherence to medical regimens, managing symptoms, and supporting psychosocial adjustment to chronic conditions. Common referral concerns include needle phobia, alopecia, medical non-adherence, and self-esteem challenges related to skin or hair loss (e.g., acne vulgaris, alopecia). Externs will also assist families in adjusting to lifelong conditions such as hidradenitis suppurativa and psoriasis. Training includes opportunities for pediatric/health psychology consultation and short-term treatment, with close collaboration alongside dermatologists, medical residents, and nurse practitioners/physician assistants.

Opportunities available for research through clinical trials through our hair disorders and hidradenitis suppurativa clinics, pending trainee interest.

Within the rotation, externs will have the opportunity for the following:

- Dermatology Clinic Consults (Thursdays)
- Alopecia/Hair Disorders Clinic (Thursdays) – led by a nationally recognized dermatologist in alopecia research
- Hidradenitis Suppurativa Clinic (2nd and 4th Fridays)

Qualifications: Applicants must have direct clinical experience treating child and adolescent mental health disorders. Knowledge of evidence-based treatments such as CBT, ACT, DBT, and behavioral training is ideal but not required. We seek trainees who are comfortable in a fast-paced environment and eager to learn in a collaborative, team-based setting.

Time Requirement: One- or two-day externships are available. Clinic days are Thursdays and Fridays in person at the main hospital.

Location: Children's National Hospital
111 Michigan Ave NW, Washington, DC 20010

Questions: Please reach out to Julie Heier, jheier@childrensnational.org.



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To Apply:

1. Complete the survey: <https://redcap.link/CNExternApp2026>
2. Send a letter of interest, curriculum vitae, and two letters of recommendation (directly from letter writers) via email with the subject line: **Externship application_LASTNAME** to jheier@childrensnational.org

We look forward to your application and welcome any questions!



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COMBINED CLINICAL EXTERNSHIP IN OUTPATIENT PEDIATRIC ANXIETY AND MEDICAL PSYCHOLOGY

Description: This externship is ideally suited for advanced practicum students seeking further training in outpatient settings, serving children and their families from early childhood through adolescence. The extern will spend 1 day/week providing outpatient services in the Anxiety Disorders Program and 1 day/week providing outpatient services in the Pediatric Medical Outpatient Program under the direct supervision of Drs. Mi-Young Ryee and Irene Zhang.

The Anxiety Disorders Program at Children's National Hospital provides specialized care to children and adolescents with anxiety and related disorders (e.g., generalized anxiety disorder, social anxiety disorder, separation anxiety disorder, specific phobia, OCD, tics). The extern will gain hands-on experience in the assessment and treatment of anxiety disorders in school-aged children (5-18 years old). This experience offers the opportunity to strengthen clinical skills in evidence-based interventions including cognitive behavioral therapy (CBT), exposure and response prevention (ERP), and Supportive Parenting for Anxious Childhood Emotions (SPACE) with children, adolescents, and their families. The extern will also have opportunity to participate in group therapy.

The Pediatric Medical Outpatient Program at Children's National Hospital provides specialized care to children and adolescents with acute and chronic medical conditions between the ages of 4-18 years old whose diagnoses or treatments impact daily functioning, mood, or behavior. Common concerns include coping with chronic illness, adherence to complex medical treatment regimen, needle or procedure-related distress, pain, fatigue, and adjustment difficulties. Externs will gain hands-on experience in the assessment and treatment of these concerns in an outpatient setting. Training goals focus on building skills in evidence-based approaches, including CBT, ERP/desensitization, Acceptance and Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), and parent management training, with children, adolescents, and their families. The extern may potentially have the opportunity to participate in medical inpatient consultation services.

Additional experiences: Externs will have the potential opportunity to attend behavioral health grand rounds, externship didactics, and group supervision (depending on the day of the externship).



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Qualifications: Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric medical populations is desired but not required.

Number of Positions Being Offered: One (1) extern will be recruited for this externship.

Time Requirement: 16 hours per week, split across two days, with services provided through a combination of telehealth and in-person sessions. The preferred schedule includes one in-person day on Thursdays with the Pediatric Medical Outpatient Program and one remote telehealth day with the Anxiety Disorders Program, which can be scheduled on a day of the extern's choice. It is anticipated that this will be a 1-year externship from July 2026 to June 2027.

Locations: 111 Michigan Avenue, NW, Washington, DC 20010 and remote telehealth.

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026>
2. Send a letter of interest, curriculum vitae, and two letters of recommendation via email with heading **Outpatient anxiety and med psych externship LASTNAME** to: **Young Ryee, PhD** (mryee@childrensnational.org)



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NEUROLOGY EPILEPSY/HEADACHE EXTERNSHIP

Description: The Combined Clinical Externship in Epilepsy and Headache is ideally suited for advanced practicum students seeking further training in pediatric psychology. The extern will spend one day each with the Comprehensive Pediatric Epilepsy Program (CPEP) and the Headache Clinic at Children's National Hospital, under the direct clinical supervision of Perrine Heymann, Ph.D. and Rebecca Neshkes, Ph.D.

The Comprehensive Pediatric Epilepsy Program provides services to a diverse population of children and adolescents who are diagnosed with epilepsy. The Epilepsy rotation involves working as part of a multidisciplinary team that provides services to a diverse population of youth diagnosed with epilepsy. Disciplines include neurology, surgery, neuropsychology, family support, and psychology.

The Headache Clinic Program is a multidisciplinary team of neurologists, psychologists, neurology fellows, medical students, and nurses who collaborate as a team to evaluate, diagnose, and treat children and adolescents with various headache conditions.

CPEP: Externs have the opportunity to participate in short- and long-term therapy, as well as consultation and presurgical evaluations for youth diagnosed with epilepsy. Outpatient treatment cases present with a range of concerns, including coping with illness/medical intervention, medical adherence, as well as mood and anxiety concerns. Consultations include meeting with children/families: around the time of diagnosis, during the presurgical evaluation process, and as inpatients during/following medical interventions (e.g., MRI, vEEG, SEEG, surgery). The Epilepsy team is multidisciplinary, so externs will have the opportunity to coordinate care with physicians and neuropsychologists. An emphasis is placed on cognitive and behavioral therapy approaches, although there is also an integration of acceptance and commitment therapy and mindfulness strategies.

Headache Clinic: The externship includes interdisciplinary evaluation/consult clinics and short-term individual therapy, as well as opportunities to collaborate with care teams and schools. Training will be provided in pediatric psychology and pain management with an emphasis on pain-focused cognitive behavior therapy. Externs will also have the opportunity to gain skills in behavioral therapy, acceptance and commitment therapy, and other mindfulness approaches. Treatment targets include improving functioning, adherence to medical recommendations, and increasing coping skills in the context of pain. Trainees will leave externship with experience



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working in multi-disciplinary teams within a medical setting and utilizing evidence-based treatment approaches that are highly transferable to other pediatric populations.

Qualifications: Applicants must be in at least the third year of a doctoral program and have prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired but not required. Preference will be given to advanced doctoral students with a strong knowledge of psychopathology and evidence-based interventions including CBT.

How Many Positions Are Available? One extern will be recruited for this externship.

Time Requirement:

- CPEP rotation: Tuesdays 9a-5p – services are conducted via telehealth and in-person at the Rockville Location.
- Headache Clinic Rotation: Wednesdays 8:30am-5pm
- It is anticipated that this externship will start July 2026 and end in June 2027.

Locations:

1. Rockville ROC: 9850 Key West Avenue, suite 314 Rockville MD, 20850 (CPEP rotation – Telehealth is possible for this day).
2. Prince George's County: 2900 Campus Way N, Lanham, Maryland 20706

To Apply:

1. Complete the survey; <https://redcap.link/CNExternApp2026> (see page 4 of this application brochure)
2. Send a letter of interest, curriculum vitae, and two letters of recommendation via email with the heading NEUROLOGY EXTERNSHIP to: **Perrine Heymann, Ph.D** (pheymann@childrensnational.org) & **Rebecca Neshkes, Ph.D.** (RNESHKES@childrensnational.org).



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COMBINED CLINICAL EXTERNSHIP IN ALLERGY/IMMUNOLOGY AND FEEDING/EATING DISORDERS

Description: This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence as well as comprehensive training in pediatric psychology. The extern will spend one day each with the Eating and Weight Concerns Clinic and the Division of Allergy and Immunology at Children's National Hospital (CNH), under the direct clinical supervision of Sarah Hornack, PhD and Tiffany Kichline, PhD within Allergy. This externship offers a unique opportunity to see disordered eating pathology across several pediatric populations.

The Eating and Weight Concerns clinic provides care to youth ages 6-22 who are referred from either the Donald Delaney Eating Disorders Clinic in Adolescent Medicine or the Improving Diet, Energy and Activity for Life (IDEAL) Clinic. Common presenting concerns include restrictive eating, loss of control or binge eating, compensatory behaviors, body image disturbance, difficulties due to weight-based stigma, and weight-related medical concerns. Externs will gain experience in assessment and treatment of disordered eating utilizing a variety of evidence-based tools (CBT-E, CBT-AR, FBT, IHBLT) and via group therapy. In addition to formal, in-person supervision, externs will also have the opportunity participate in case conferences with the multidisciplinary team (physicians, the family-based therapist, dietitians, advanced care providers), attend behavioral health grand rounds, and clinical seminars (depending on externship day).

The Division of Allergy and Immunology at CNH provides services to a diverse population of children and adolescents who are diagnosed with food allergies, eosinophilic esophagitis, asthma, eczema, urticaria, and immunodeficiency disorders. The primary mental health concerns among this population are anxiety related to allergen exposure, adherence, adjustment concerns, and feeding problems. The allergy and immunology team is multidisciplinary, so externs will routinely interact and consult with physicians and nurses. This externship offers experience with consultation/liaison services and procedural support during oral food challenge clinics, outpatient therapy services with an emphasis on cognitive/behavioral approaches, and psychosocial program development.

Qualifications: Applicants must be in at least the third year of a doctoral program and have completed formal coursework in child development and treatment, and prior practicum experience with child and adolescent assessment and therapy. Experience with pediatric populations is desired, but not required. Preference will be given to advanced doctoral students.



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Number of Positions Being Offered: One extern will be recruited for this externship.

Time Requirement: 16 hours (2 days)/week. The Eating and Weight Concerns clinic is held on Mondays/Thursdays at Takoma Theatre with in-person and telehealth opportunities. The Allergy/Immunology Program is held in-person on Tuesdays at Friendship Heights.

Locations: Children's National Hospital (Friendship Heights: 5028 Wisconsin Ave NW, Washington, DC 20016; Takoma Theatre ROC: 6833 4th St. NW, Washington, DC 20012). Metro/shuttle accessible and parking available.

To Apply:

- 1) Complete the survey; <https://redcap.link/CNExternApp2026>
- 2) Send a letter of interest, curriculum vitae, and two letters of recommendation via email with heading **ED & ALLERGY_LASTNAME** to: **Tiffany Kichline, PhD** (tkichline@childrensnational.org) and **Sarah Hornack, PhD** (shornack@childrensnational.org)

Tiffany Kichline, PhD
Licensed Clinical Psychologist
tkichline@childrensnational.org

Sarah Hornack, PhD
Licensed Clinical Psychologist
shornack@childrensnational.org