



The Steven A. Cohen
Military Family Clinic
at Easterseals



Steven A. Cohen Military Family Clinic at Easterseals Practicum Description

Location: 1420 Spring Street, Silver Spring, MD

Overview of the Cohen Clinic at Easterseals

The Steven A. Cohen Military Family Clinic at Easterseals provides high-quality and accessible behavioral health care to active-duty service members, veterans regardless of discharge status, and their families. We offer individual, group, family, and couples therapy in telehealth or in-person format and see clients from age 4 and up. Common presenting complaints include trauma (combat and MST being the most common trauma types, followed by childhood trauma), depression, anxiety, and adjustment-related issues. Many clients also request couples therapy to assist with relationship problems.

The clinic has a robust training program that was established in 2018. The site accepts two psychology doctoral students per year. The site also offers a post-graduate fellowship program funded through Cohen Veterans Network (CVN).

Clinical Duties:

Externship students are integral members of the clinical team. Students can expect a generalist experience working with diverse populations in a community mental health setting. The type of therapeutic modality used is flexible and based upon the needs of the client. Assignment of clients is flexible, and we work to develop an individualized caseload that is specific to the student's interest and training needs. There are opportunities to work with adults, couples, children, and families. Caseloads are balanced based upon interest and client needs.

Clinical Care

- **Accepting third-year practicum students**
- Provide direct mental health services for military-affiliated populations. Perform and document client screenings, biopsychosocial assessments, progress notes, and other aspects of care utilizing an electronic health record system
- Provide therapy utilizing a range of evidence-based modalities
- Provide treatment in compliance with state and federal guidelines as well as Clinic policies, protocols and procedures
- Connect clients with resources in collaboration with clinic case manager
- Participate in clinic team and supervision meetings
- Students are required to complete *mandatory* CVN training (suicide assessment and prevention, military cultural awareness, PTSD assessment, and others as assigned). These trainings are online and generally occur on a Wednesday and/or Thursdays.



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Training Opportunities

A variety of training opportunities are available for students.

- Cognitive Processing Therapy
- Prolonged Exposure Therapy
- Written Exposure Therapy
- Gottman Method Couples Therapy
- Emotionally Focused Couples/Family Therapy
- Motivational Interviewing
- Child and Adolescent Therapies
- Cognitive-Behavioral Therapy for Insomnia
- Cognitive Behavioral Therapy (basics via Beck institute, Beck supervisor on staff for individual supervision) and additional CBT related training
- Cognitive Behavioral Therapy for children
- Others based upon clinical interest and request

Supervision:

Individual supervision is provided by a licensed clinical psychologist (1 hour per week). Onsite and remote supervision is available by psychologists with military backgrounds and/or specializing in working with military-affiliated populations. Our clinic follows APA and Greater Washington Clinical Psychology Programs Council guidelines on supervision requirements. Supervisor staff includes clinicians who are experienced in Cognitive Behavioral Therapies (for children and adults), Trauma-Focused Therapies, Motivational Interviewing, Psychodynamic Therapy, and couples and family therapies. Group supervision is a 60-minute meeting and includes review of taped therapy sessions, discussion, readings, and didactics.

Additional didactics and training onsite include:

Wednesday – Multi-disciplinary meeting focused on staffing new cases and review of high interest/high risk cases, review of safety plans and risk management strategies. (*optional for students*).

Thursday – biweekly didactics and weekly group supervision. Externs will meet weekly with other trainees and postgraduate fellows. Every two weeks externs will learn about topics focused on issues pertaining to treating military-affiliated populations including multicultural and ethical considerations, military cultural competencies, unique issues that military populations face, general topics on military psychology, and other areas of focus.

Start/End Date:

The Cohen Clinic offers flexible start and end dates. We prefer a student who can start at the end of the Spring semester (approximately May/June). A long placement (11-12 months) allows greater access to training opportunities and increased ability to complete care with clients in treatment protocols, just as PE or CPT.



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Hours: Students typically work 2 full days per week (16 hours), matching the hours of their supervisor on site. Clinic hours are:

Monday 0900-1900

Tuesday 0900-1900

Wednesday 0900-1900

Thursday 0900-1900

Friday 0800-1500

Students may work other days/hours or arrange times according to their school schedule. The exception to this is attending suicide prevention training, which is required within 3 months of coming onboard.

Core Practicum Director/Supervisors: Aaron Banas, Psy.D.; Tim Overton, Psy.D.

Parking: No cost, available onsite. Clinic is also within a few blocks of the Silver Spring Metro station and has a bus stop directly outside the clinic. The clinic offers hybrid telehealth/in-person services. Fridays are a fully remote workday.

Application Instructions:

- Send a cover letter, CV, and 2 letters of recommendations to: abanas@eseal.org & toverton@eseal.org.
- Applications are due by Feb 1. Interviews and site visits will occur during the month of February.
- The Cohen Clinic at Easterseals participates in the Washington, DC area Consortium of Doctoral Programs in Clinical Psychology Externship.
- The UAD is March 6th, 2026. Notification of acceptance will take place on the UAD or the week prior to that date.
- Placement is contingent upon successful completion of background screen and drug test.

Clinic Website: [Steven A. Cohen Military Family Clinic | Easterseals Disability & Community Services](#)