



**Psychological Services
Child and Adolescent Training
Program**

Inova Kellar Center

11204 Waples Mill Rd.

Fairfax, VA 22030

703-218-8500

Inova Kellar Center is an affiliate of the Inova Health System, a world-class healthcare system serving the Washington D.C. metropolitan area and recently recognized by Becker's Hospital

Review as one of 60 organizations nationwide committed to treating mental health as a vital part of overall wellbeing, providing support for the psychiatric, emotional and behavioral needs of their patients. As Northern Virginia's premier behavioral health service for children and families, Inova Kellar Center provides a full continuum of outpatient services and programs, including individual, family and group therapy, medication management, psychiatric evaluations, psychological testing, intensive outpatient programs, partial hospitalization programs, and therapeutic day school. Becker's cited Kellar Center for its "*pioneering youth care*."

Psychological Services is one of several outpatient programs located at Inova Kellar Center in Fairfax, Virginia and provides comprehensive evaluation and treatment services for children and adolescents. The Psychological Services training program is designed for advanced doctoral students in psychology who have prior clinical experience and have completed most of their coursework. Training opportunities are available for individuals who are interested in learning how to conduct comprehensive evaluations to include intakes and assessment for Attention-Deficit/Hyperactivity Disorder (ADHD), learning disabilities, Autism Spectrum Disorder, and a range of mood and behavior disorders. In addition, psychology externs provide individual and family therapy, participate in case conferences, co-lead parenting or child/adolescent groups, and collaborate with multidisciplinary team members.

There are also opportunities for externs to be part of a treatment team in other programs offered at Inova Kellar Center such as the Partial Hospitalization Program (PHP) or the Intensive Outpatient Program (IOP). *However, participation in either of these programs would be outside of the time devoted to training within Psychological Services.*

Qualifications

Applicants must be enrolled in a doctoral program in psychology at an accredited university with a current training agreement with Inova. Applicants must also have taken basic courses in assessment, psychopathology, and psychotherapeutic intervention. In addition, applicants should have prior experience in conducting psychological evaluations, providing individual and family therapy for children and adolescents and have some knowledge of attention deficit and learning disorders, Autism Spectrum Disorder, and emotional/behavioral disorders.

Furthermore, all individuals accepted for the training program must provide vaccination records, complete a background check to include fingerprinting, and are expected to adhere to the vaccination guidelines (including but not limited to annual flu shots) of the Inova Health System.

Combined Assessment and Therapy Externship

Trainees will assist with or independently administer, score, interpret, write psychological reports using various standardized measures, and deliver feedback to parents and/or youth. These measures include but are not limited to the following:

Kaufman Brief Intelligence Test-2nd Edition
Wechsler Intelligence Test for Children-5th Edition
Wechsler Adult Intelligence Test-5th Edition
Test of Variables of Attention (TOVA)
NEPSY-2
Woodcock-Johnson V Tests of Cognitive Abilities, Achievement, Oral Language
Wechsler Individual Achievement Test-4th Edition
Berry-Buktenica Test of Visual Motor Integration (VMI)
Gray Oral Reading Test-5th Edition
Gray Silent Reading Test
Rorschach
Thematic Apperception Test
Roberts-2
Autism Diagnostic Observation Schedule-2 (ADOS-2)
Autism Diagnostic Interview-Revised (ADI-R)
Various measures of social/pragmatic language
Various behavior checklists
Various self-reports of personality

On average, the trainee will assist with or independently complete one or two assessments per month. Advanced trainees will have the opportunity to do more depending on their skill level. Trainees are also expected to have a therapy case load of three therapy hours to include individual and/or group therapy.

Time Requirements

Trainees are expected to be on-site for 16-20 hours per week and will divide their time over two or three days (Monday through Thursday).

Psychological Assessment - A minimum of 10 hours per week devoted to assessment is required. Assessments are conducted during the morning hours.

Therapy Services - A minimum of three hours per week devoted to therapy services is required. Specific clinical experiences are mutually agreed upon by the trainee and the Inova Kellar Center psychologists. Group therapy sessions generally take place between the hours of 4:00 – 6:00 p.m. weekdays, except Friday. Individual and family therapy sessions, as well as intake appointments, are scheduled on a more flexible basis during weekdays but the trainee should plan on being available to provide services until the late afternoon/early evening.

Supervision

All supervision is provided by licensed clinical psychologists. Supervision times are scheduled at a mutually agreed upon time. Trainees will receive three hours of supervision per week. Trainees will receive one hour of individual supervision to review evaluation cases and one hour of individual supervision to review therapy cases. Trainees are expected to attend a weekly group supervision, which will consist of didactics and clinical discussions/presentations.

Compensation

Extern positions are unpaid, and no compensation is provided.

Starting Date

The training program starts on August 1st and concludes at the end of July the following year. However, other start and end dates may be negotiated. Accepted externs are expected to complete onboarding procedures including background checks and fingerprinting prior to their start dates.

Additionally, trainees will be expected to attend a one-day orientation at the Kellar Center prior to their start date to get identification badges and set up access to various systems including email, our network, and the electronic medical record. The date will be determined once each extern's start dates are set.

More Information

For more information about Inova Kellar Center, please visit our website:
www.inova.org/healthcare-services/inova-kellar-center/index.jsp.

Application

To apply for the trainee positions, a resume, a letter of interest, and at least two letters of recommendation should be sent electronically or by mail by January 30th to:

Rebecca Charneco, Ph.D., Senior Manager
Licensed Clinical Psychologist
Inova Kellar Center
11204 Waples Mill Rd.
Fairfax, VA 22030
Phone: 703-218-8521
Email: rebecca.charneco@inova.org

In addition, should you wish to speak to a former and/or current extern regarding their training experience, this opportunity can be arranged upon request.