Inova Kellar Center is an affiliate of the Inova Health System and provides comprehensive behavioral health care services for children and adolescents within the context of an outpatient setting. Psychological Services is one of several outpatient services located at Inova Kellar Center in Fairfax, Virginia and provides comprehensive evaluation and treatment services for children and adolescents.

Psychological Services currently offers training opportunities for an extern in psychology. The training program is designed for advanced doctoral student in psychology who have prior clinical experience and who have completed a majority of their coursework. Training opportunities are available for individuals who are primarily interested in learning how to conduct comprehensive attention deficit and learning disorder evaluations, autism spectrum evaluations, and comprehensive assessments of emotional and behavioral functioning. Opportunities also exist for providing therapeutic services within the Outpatient Service and possibly in other treatment program offered at Inova Kellar Center. Specifically, externs in psychology conduct intake assessments, provide individual and family therapy, participate as a member of a multidisciplinary treatment team, participate in case conferences, and may lead parenting or child/adolescent groups.

**Qualifications**

Applicants must currently be enrolled in a doctoral program in psychology at an accredited university and have taken basic courses in assessment, psychopathology, and psychotherapeutic intervention. In addition, applicants should have prior experience in conducting psychological evaluations, proving individual and family therapy for children and adolescents and have some knowledge of attention deficit and learning disorders, autism spectrum disorders, and emotional/behavioral disorders.

**Child and Adolescent Training Program**

**Assessment Track**

Trainees are expected to assist with or independently administer, score, and write a report using various standardized measures. These measures include but are not be limited to the following:

- Kaufman Brief Intelligence Test-2
- Wechsler Intelligence Test for Children-5th Edition
- Wechsler Adult Intelligence Test-4th Edition
Differential Ability Scales-2 (DAS-2)  
Test of Variables of Attention (TOVA)  
NEPSY-2  
Woodcock-Johnson IV Tests of Cognitive Abilities and Academic Achievement  
Wechsler Individual Achievement Test-III  
Wisconsin Card Sorting Test  
Berry-Buktenica Test of Visual Motor Integration (VMI)  
Gray Oral Reading Test-5th Edition  
Gray Silent Reading Test  
Test of Written Language-4th Edition  
Rorschach  
Thematic Apperception Test  
Autism Diagnostic Observation Schedule-2 (ADOS-2)  
Autism Diagnostic Interview-Revised (ADI-R)  
Various behavior checklists  
Various self-reports of personality  

On average, the trainee will assist with or independently complete an assessment on a weekly basis.  

Therapeutic Services Track  
Trainees have the opportunity to provide individual and family therapy for a minimum of six clients through Outpatient Service. When available, the trainee may also co-lead a child or adolescent group and provide other therapeutic interventions as needed.  

Combined Assessment and Therapy Track  
Trainees will complete assessments on a weekly basis as described above and will have a therapy case load of at least three clients.  

Treatment Team/Group Supervision  
Trainees are expected to attend a weekly treatment team meeting during which time treatment cases are reviewed. Discussions will also include the use of assessment measures, ethical issues, and general professional issues.  

Time Requirements  
Trainees are expected to be on-site for 16 hours per week and will divide their time over two days conducting assessments or providing therapeutic services, participating in treatment team discussions, participating in case conferences, and receiving supervision.  

Psychological Assessment - A minimum of one psychological evaluation (10 hours per week) devoted to assessment is required. This will allow the trainee adequate time participate in an intake interview, administer, score, and write a report summarizing the results of the evaluation
measures, and a possibly participate in a feedback session. Assessments are conducted during the morning hours (usually from 8:30 a.m. until 11:30 a.m.).

Therapeutic Services - A minimum of 3 hours (10 hours for the therapy track only) per week devoted to therapeutic services is required. Specific clinical experiences are mutually agreed upon by the trainee and the Inova Kellar Center program managers. If available, group therapy sessions generally take place between the hours of 4:00 – 6:00 p.m. weekdays, except Friday. Individual and family therapy sessions, as well as intake appointments, are scheduled on a more flexible basis during weekdays.

Treatment Team/Group Supervision - Treatment team is scheduled on Thursdays from 2:00 pm until 3:00 p.m. As a result, externs will need to plan on being at Inova Kellar Center on Thursdays.

Supervision

One hour of individual supervision to review evaluation cases and one hour of individual supervision to review therapy cases is provided with a licensed psychologist for trainees in the Combined track. Two hours of assessment supervision are provided for trainees in the Assessment only track and two hours of therapy supervision are provided for trainees in the Therapeutic Services only track. Supervision times are scheduled at a mutually agreed upon time. One hour of group supervision is also provided by a staff psychologist for all trainees.

Compensation

Extern positions are unpaid and no compensation is provided.

Starting Date

The training program starts on August 1st and concludes at the end of July the following year. However, other start and end dates may be negotiated. Accepted externs are expected to attend a training session in order to learn assessment measures and to learn how to use electronic medical records prior to beginning their externship.

Application

In order to apply for the trainee positions, a preference track, a resume, a letter of interest, and at least two letters of recommendation should be sent electronically or by mail by March 1st to:

J. Thomas Giroux, PhD
Licensed Clinical Psychologist and Program Manager, Psychological Services
Inova Keller Center
11204 Waples Mill Rd.
Fairfax, VA 22030
Phone: 703-218-8588
Email: tom.giroux@inova.org