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INOVA KELLAR CENTER

Psychological Services

CHILD AND ADOLESCENT ASSESSMENT AND THERAPY SERVICES EXTERN TRAINING PROGRAM

Inova Kellar Center is an affiliate of the Inova Health System, a world-class healthcare system serving the Washington D.C. metropolitan area and beyond. As Northern Virginia's premier behavioral health service for children and families, Inova Kellar Center provides a full continuum of outpatient services and programs, including individual, family and group therapy, medication management, psychiatric evaluations, psychological testing, intensive outpatient programs, and partial hospitalization programs. Psychological Services is one of several outpatient programs located at Inova Kellar Center in Fairfax, Virginia and provides comprehensive evaluation and treatment services for children and adolescents.

Psychological Services currently offers training opportunities for externs in psychology. The training program is designed for advanced doctoral students in psychology who have prior clinical experience and who have completed a majority of their coursework. Training opportunities are available for individuals who are interested in learning how to conduct comprehensive evaluations to include assessment for Attention-Deficit/Hyperactivity Disorder (ADHD), learning disabilities, Autism Spectrum Disorder, and a range of mood and behavior disorders. Opportunities exist for providing therapeutic services within the Outpatient Services and possibly in other treatment programs offered at Inova Kellar Center such as the Partial Hospitalization Program (PHP). Specifically, externs in psychology conduct therapy intake assessments, provide individual and family therapy, participate as a member of a multidisciplinary treatment team, participate in case conferences, and may lead or co-lead parenting or child/adolescent groups.

Qualifications

Applicants must currently be enrolled in a doctoral program in psychology at an accredited university and have taken basic courses in assessment, psychopathology, and psychotherapeutic intervention. In addition, applicants should have prior experience in conducting psychological evaluations, providing individual and family therapy for children and adolescents and have some knowledge of attention deficit and learning disorders, autism spectrum disorders, and emotional/behavioral disorders.

Child and Adolescent Training Program

Assessment Track

Trainees are expected to assist with or independently administer, score, and write psychological reports using various standardized measures. These measures include but are not be limited to the following:

Kaufman Brief Intelligence Test-2
Wechsler Intelligence Test for Children-5th Edition
Wechsler Adult Intelligence Test-4th Edition
Test of Variables of Attention (TOVA)
NEPSY-2
Woodcock-Johnson IV Tests of Cognitive Abilities, Achievement, Oral Language
Wechsler Individual Achievement Test-III
Berry-Buktenica Test of Visual Motor Integration (VMI)
Gray Oral Reading Test-5th Edition
Gray Silent Reading Test
Rorschach
Thematic Apperception Test
Autism Diagnostic Observation Schedule-2 (ADOS-2)
Autism Diagnostic Interview-Revised (ADI-R)
Various behavior checklists
Various self-reports of personality

On average, the trainee will assist with or independently complete one or two assessments per month. Advanced trainees will have the opportunity to do more depending on their skill level.

Therapeutic Services Track

Trainees have the opportunity to provide individual and family therapy for a minimum of six clients through Outpatient Services. When available, the trainee may also co-lead a therapy group and provide other therapeutic interventions as needed.

Combined Assessment and Therapy Track

Trainees will complete one or two assessments per month as described above and will have a therapy case load of three clients.

Treatment Team/Group Supervision

Trainees are expected to attend a weekly treatment team meeting during which time cases are reviewed. Discussions also will include the use of assessment measures, ethical issues, and general professional issues.

Time Requirements

Trainees are expected to be on-site for 16-20 hours per week and will divide their time over two days (Monday through Thursday) conducting assessments or providing therapeutic services, participating in treatment team discussions, participating in case conferences, and receiving supervision.

Psychological Assessment - A minimum of 10 hours per week devoted to assessment is required. This will allow the trainee adequate time to participate in an intake interview, administer, score, and write a report summarizing the results of the evaluation measures, and possibly participate in a feedback session with the family. Assessments are conducted during the morning hours.

Therapeutic Services - A minimum of three hours (10 hours for the therapy track only) per week devoted to therapeutic services is required. Specific clinical experiences are mutually agreed upon by the trainee and the Inova Kellar Center psychologists. If available, group therapy sessions generally take place between the hours of 4:00 – 6:00 p.m. weekdays, except Friday. Individual and family therapy sessions, as well as intake appointments, are scheduled on a more flexible basis during weekdays.

Treatment Team/Group Supervision - Treatment team is usually scheduled on Thursdays from 2:00 p.m. until 3:00 p.m. As a result, externs should plan on being at Inova Kellar Center on Thursdays. Scheduling conflicts can be discussed with the Inova Kellar Center Program Manager.

Supervision

All supervision is provided by licensed clinical psychologists. Supervision times are scheduled at a mutually agreed upon time. An additional one hour of group supervision is provided by a staff psychologist for all trainees.

Trainees in the *Combined track* will receive one hour of individual supervision to review evaluation cases and one hour of individual supervision to review therapy cases.

Trainees in the *Assessment only track* will receive two hours of assessment supervision.

Trainees in the *Therapeutic Services only track* will receive two hours of therapy supervision.

Compensation

Extern positions are unpaid and no compensation is provided.

Starting Date

The training program starts on August 1st and concludes at the end of July the following year. However, other start and end dates may be negotiated. Accepted externs are expected to attend a training session to learn how to use electronic medical records prior to beginning their training.

More Information

For more information about Inova Kellar Center, please visit our website:

www.inova.org/healthcare-services/inova-kellar-center/index.jsp

Application

In order to apply for the trainee positions, a preference track, a resume, a letter of interest, and at least two letters of recommendation should be sent electronically or by mail by February 1st to:

J. Thomas Giroux, Ph.D.
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