



**Inova Kellar Center**

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**11204 Waples Mill Rd.  
Fairfax, VA 22030  
703-218-8500**

## **Psychological Services**

### **CHILD AND ADOLESCENT TRAINING PROGRAM**

Inova Kellar Center is an affiliate of the Inova Health System, a world-class healthcare system serving the Washington D.C. metropolitan area and beyond. As Northern Virginia's premier behavioral health service for children and families, Inova Kellar Center provides a full continuum of outpatient services and programs, including individual, family and group therapy, medication management, psychiatric evaluations, psychological testing, intensive outpatient programs, and partial hospitalization programs. Psychological Services is one of several outpatient programs located at Inova Kellar Center in Fairfax, Virginia and provides comprehensive evaluation and treatment services for children and adolescents.

Psychological Services currently offers training opportunities for externs in psychology. The training program is designed for advanced doctoral students in psychology who have prior clinical experience and who have completed a majority of their coursework. Training opportunities are available for individuals who are interested in learning how to conduct comprehensive evaluations to include assessment for Attention-Deficit/Hyperactivity Disorder (ADHD), learning disabilities, Autism Spectrum Disorder, and a range of mood and behavior disorders. In addition, opportunities exist for individuals who are interested in providing individual, family, and group therapy. There is also a possibility that an extern can be part of a treatment team in other treatment programs offered at Inova Kellar Center such as the Partial Hospitalization Program (PHP) or the Intensive Outpatient Program (IOP). However, participation in either of these programs would be outside of the time devoted to training within Psychological Services. In general, externs in psychology conduct therapy or psychological testing intake assessments, provide individual and family therapy, participate as a member of a multidisciplinary treatment team, participate in case conferences, and co-lead parenting or child/adolescent groups.

### **Qualifications**

Applicants must currently be enrolled in a doctoral program in psychology at an accredited university and have taken basic courses in assessment, psychopathology, and psychotherapeutic intervention. In addition, applicants should have prior experience in conducting psychological evaluations, providing individual and family therapy for children and adolescents and have some knowledge of attention deficit and learning disorders, autism spectrum disorders, and emotional/behavioral disorders. Furthermore, all individuals accepted for the training program are expected to adhere to the vaccination guidelines (including but not limited to annual flu

shots) of the Inova Health System.

### **Combined Assessment and Therapy Program\***

Trainees are expected to assist with or independently administer, score, and write psychological reports using various standardized measures. These measures include but are not limited to the following:

Kaufman Brief Intelligence Test-2  
Wechsler Intelligence Test for Children-5<sup>th</sup> Edition  
Wechsler Adult Intelligence Test-4<sup>th</sup> Edition  
Test of Variables of Attention (TOVA)  
NEPSY-2  
Woodcock-Johnson IV Tests of Cognitive Abilities, Achievement, Oral Language  
Wechsler Individual Achievement Test-IV  
Berry-Buktenica Test of Visual Motor Integration (VMI)  
Gray Oral Reading Test-5<sup>th</sup> Edition  
Gray Silent Reading Test  
Rorschach  
Thematic Apperception Test  
Autism Diagnostic Observation Schedule-2 (ADOS-2)  
Autism Diagnostic Interview-Revised (ADI-R)  
Various behavior checklists  
Various self-reports of personality

On average, the trainee will assist with or independently complete one or two assessments per month. Advanced trainees will have the opportunity to do more depending on their skill level. Trainees in this track are also expected to have a therapy case load of three clients and co-lead a therapy group.

\*It is the goal of the training program to provide no more than 25% of direct therapy service hours via teletherapy. However, this condition is subject to the prevailing community infection rates, guidance provided by Inova Health System, and patient preference.

### **Time Requirements**

Trainees are expected to be on-site for 16 hours per week and will divide their time over two days (Monday through Thursday) conducting assessments or providing therapeutic services, participating in treatment team discussions, participating in case conferences, and receiving supervision.

Psychological Assessment - A minimum of 10 hours per week devoted to assessment is required. This will allow the trainee adequate time to participate in an intake interview, administer, score, and write a report summarizing the results of the evaluation measures, and possibly participate in a feedback session with the family. Assessments are conducted during the morning hours.

Therapy Services - A minimum of three hours per week devoted to therapy services is required. Specific clinical experiences are mutually agreed upon by the trainee and the Inova Kellar Center psychologists. Group therapy sessions generally take place between the hours of 4:00 – 6:00 p.m. weekdays, except Friday. Individual and family therapy sessions, as well as intake appointments, are scheduled on a more flexible basis during weekdays but the trainee should plan on being available to provide services until the late afternoon/early evening.

### **Supervision**

All supervision is provided by licensed clinical psychologists. Supervision times are scheduled at a mutually agreed upon time. An additional one hour of group supervision is provided by a staff psychologist for all trainees.

### **Individual Supervision**

Trainees in the **Combined Assessment and Therapy track** will receive one hour of individual supervision to review evaluation cases and one hour of individual supervision to review therapy cases.

### **Treatment Team/Group Supervision**

Trainees are expected to attend a weekly treatment team meeting during which time cases are reviewed. Discussions also will include the use of assessment measures, ethical issues, and general professional issues.

### **Compensation**

Extern positions are unpaid and no compensation is provided.

### **Starting Date**

The training program starts on August 1<sup>st</sup> and concludes at the end of July the following year. However, other start and end dates may be negotiated. Accepted externs are expected to attend a training session to learn how to use electronic medical records prior to beginning their training.

### **More Information**

For more information about Inova Kellar Center, please visit our website:  
[www.inova.org/healthcare-services/inova-kellar-center/index.jsp](http://www.inova.org/healthcare-services/inova-kellar-center/index.jsp).

### **Application**

In order to apply for the trainee positions, a preference track, a resume, a letter of interest, and at least two letters of recommendation should be sent electronically or by mail by February 1st to:

J. Thomas Giroux, Ph.D.  
Licensed Clinical Psychologist and Program Manager, Psychological Services  
Inova Keller Center  
11204 Waples Mill Rd.  
Fairfax, VA 22030  
Phone: 703-218-8588  
Email: [tom.giroux@inova.org](mailto:tom.giroux@inova.org)

In addition, should you wish to speak a former extern regarding their training experience, please let me know and I will arrange this opportunity.