Pediatric Psychology Externship at PSV

About PSV: Pediatric Specialists of Virginia (PSV) is a non-profit outpatient pediatric medical specialty practice, created in 2013 as a joint venture between Children’s National Hospital and Inova Health System, to care for children in the northern Virginia and surrounding areas. PSV has continued to grow and currently offers 20 different medical specialty services. Many of our physicians are recognized as “Top Docs” by Washingtonian and Northern Virginia Magazine.

Description: The Psychology Department at PSV is pleased to offer externship opportunities to clinical psychology doctoral students for the upcoming 2022-2023 academic year. This externship is ideally suited for advanced students seeking training in pediatric psychology. Our team, consisting of 3 pediatric psychologists, works in consultation with several of our medical specialty groups to serve our patients and their families, with many of our referrals coming from Endocrinology, Gastroenterology, Rheumatology, Neurology, and Developmental Pediatrics.

Clinical experiences are as follows:

1. Outpatient psychotherapy with children/adolescents and their families. Typical caseload is 6-10 patients and 1-2 consultations per week. Common referral issues include difficulty adjusting to medical diagnosis, poor adherence to medical regimen, somatic/pain symptoms, elimination disorders, school avoidance, anxiety, depression, peer challenges, communication difficulties, and family conflicts.
2. Consultation, education, and counseling with families of children newly diagnosed with diabetes, inflammatory bowel disease, or other chronic conditions. This includes addressing the impact of being diagnosed with a life-long illness and assisting the family with strategies for managing medical care.
3. Support departmental endeavors to expand current depression screening protocol for chronic illnesses in endocrinology and gastroenterology departments.
4. Consult with medical team members, including participation in multidisciplinary rounds.
5. Opportunities to participate in specific multidisciplinary clinics, such as diabetes new diagnosis, craniofacial, and celiac clinics.

Qualifications: Prior practicum experience in child or adolescent therapy is required. Exposure to other medical settings is also desirable but not a prerequisite.

Time Requirements: Two days per week. One day externship opportunities may also be available.

Number of positions being offered: 2-3

Location: Main Site: 3023 Hamaker Ct, Ste 600, Fairfax, VA 22031

Please note: Depending on ongoing COVID-19 restrictions, some or all treatment will continue to be provided via telemedicine

To Apply: Please email a letter of interest, curriculum vitae, and two letters of reference to: Nupur Gupta, Psy.D. at NGupta@psvcare.org by Friday February 4th, 2022.