Alexandria CSB Psychology Externship 2019-2020 Information

- Contact information for externship:
  - Address: 720 N St. Asaph St. Alexandria, VA 20314
  - Psychology Externship director: Kirimi Fuller, Psy.D.; 703-746-3559; Kirimi.fuller@alexandriava.gov

- General information
  - **FOUR** psychology extern positions; **Two** positions in Youth and Family program (see attached description; children and adolescents), **One** position in the Emergency Services program (see attached description; children, adolescents and adults) and **One** position in the West End Wellness Center program (see attached description; young adults through geriatric population)
  - Start date: September 9th, 2019 - May 2020 (end date is flexible)
  - Required day for seminar and team meetings is **THURSDAY**
  - Prerequisite training includes; **at least one therapy practicum experience prior to start date.**

- Application
  - Please include: Cover Letter, CV, de-identified testing report for a child or adolescent and 3 letters of recommendation.
  - Please indicate which program (Youth and Family, Emergency Services, and/or West End Wellness Center) you are interested in applying for. Applying to all or two of the options is acceptable as well.
  - Due date: **January 25, 2019**; submit by email (Kirimi.fuller@alexandriava.gov) or by mail. Any applications received after due date will not be considered.
  - Finalists will be invited for individual interviews in February-early March with offers being made on uniform notification day.

ATTACHED: Program descriptions (Youth and Family, Emergency Services and Wellness Center)
POSITION DESCRIPTION

TITLE: Clinical Psychology Student Extern—Youth and Family Services
WORKING TITLE: Clinical Psychology Student Extern
REPORTS TO: Psychologist/Therapist III
ENTRY GRADE: N/A
STARTING SALARY: N/A
FLSA STATUS: N/A
ESSENTIAL EMPLOYEE: No
CLASS CODE: N/A
POSITION NO: N/A

MAJOR RESPONSIBILITIES: Provides evaluative and treatment services under close supervision to children and adolescents who are emotionally disturbed and to their families. Evaluative services include the administration and interpretation of psychological instruments and preparation of reports. Utilizes knowledge of research to ensure that evaluative and treatment services conform to the latest standards in the field. Treatment services include individual, family and group therapies. Uses strength-based approaches. Consults with other community agencies and participates in treatment team meetings, supervision, and group seminars.

DESCRIPTION OF DUTIES:
- Provides individual and family therapy to children, adolescents and their families
- Provides psychological evaluations for a variety of purposes, including diagnostic clarifications
- Provides crisis intervention
- Advocates on behalf of the client with various components of the support system
- Confers with other disciplines about specific clients including schools, courts, social services
- Participates in multidisciplinary treatment meetings, supervision and seminars
- Coordinates client care with case manager
- Maintains needed paperwork to conform to Medicaid, CARF, and State-licensing requirements
- Follows agency procedures as they relate to productivity expectations and client payment issues

ESSENTIAL KNOWLEDGE, SKILLS AND ABILITIES: Graduate level knowledge of psychological and mental health issues in children, adolescents and families. Knowledge of available treatment modalities for working with children, adolescents and families. Knowledge of psychological testing. Knowledge of relevant literature as it relates to presenting problems. Considerable knowledge of the effects of abuse and neglect on children and adolescents. Considerable knowledge of the social, behavioral, economic and health difficulties in the client population. Extensive knowledge of behavioral interventions. Considerable skills in conducting therapy and building therapeutic rapport including ability to cater therapeutic intervention to developmental level of the family. Knowledge of the American Psychological Association ethical guidelines. Skills in advocacy and interagency collaboration. Ability to communicate effectively both orally and in writing.

MINIMUM REQUIREMENTS: Enrollment in a doctoral program in Clinical or Counseling Psychology. At least two years of graduate training. Treatment and psychological evaluation experience. Knowledge about and experience in designing and implementing behavioral interventions. The externship will be considered completed when the extern has earned a minimum of 250 billable hours, and it is expected to last from the beginning of September to the end of May but can be longer should an extern wish to earn more hours.

PREFERRED REQUIREMENTS: Three to four years of graduate work in Clinical or Counseling Psychology. Bilingual (English/Spanish) skills.
POSITIVE DESCRIPTION

TITLE: Clinical Psychology Student Extern—Emergency Services

WORKING TITLE: Clinical Psychology Student Extern

REPORTS TO: Psychologist/ES Therapist Supervisor or Senior Therapist

ENTRY GRADE: N/A

STARTING SALARY: N/A

FLSA STATUS: N/A

ESSENTIAL EMPLOYEE: No

CLASS CODE: N/A

POSITION NO: N/A

MAJOR RESPONSIBILITIES: As a member of the Emergency Services Team, you will be responsible for conducting crisis intervention, under close supervision, and responding to psychiatric emergencies within the City through telephone and face-to-face contact. These responses may include: interviewing and evaluating persons who are presenting in crisis, pre-admission screening; consulting with other care providers; evaluating for Civil Detention, voluntary hospitalization, or less restrictive alternatives. You will liaise with other community agencies and make appropriate referrals consistent with the evaluation. In addition must maintain clear and concise client records.

• In conjunction with licensed staff, interview consumers who walk in to Mental Health Center and individuals who require intervention in the community. Through consultation with Senior Therapists and supervisors, determine appropriate disposition based on thorough psychiatric evaluation. Complete written assessments and make appropriate referrals;
• Assess need for immediate face-to-face interview or referral during telephone conversations;
• Provide liaison/outreach to other community agencies;
• Provide crisis stabilization utilizing phone and face-to-face contact;
• Determine appropriate response to all calls from the citizens and staff from other agencies;
• Provides clinical assessment and referral services; Determines appropriate disposition;
• Formulates diagnoses, assesses risk and mental status
• Provides clinical intervention in emergency situations at any of the City’s residential programs;
• Provides crisis intervention and emergency services;
• Provides emergency and crisis intervention services to consumers;
• Participates in staff development, training, and clinical supervision;
• Maintains clinical records in accordance with State, City, Departmental and Federal compliance requirements;
• Complete requirements to become a Certified Preadmission Screener by the end of the training year.

ESSENTIAL KNOWLEDGE, SKILLS AND ABILITIES: Graduate level knowledge of psychological and mental health issues in children, adolescents, and adults. Knowledge and experience working with individuals impacted by Serious Mental Illnesses (SMI). Knowledge of relevant literature as it relates to presenting problems. Considerable knowledge of the social, cultural, behavioral, economic and health difficulties in the client population. Developing skills in evaluation and assessment in crisis situations and a willingness to further develop skills and abilities in these areas. Knowledge of the impact of trauma and comorbid medical or substance use diagnoses on mental health. Experience with dual diagnosis populations. Knowledge of the American Psychological Association ethical guidelines. Skills in advocacy and interagency collaboration. Ability to communicate effectively both orally and in writing. Desire to work as part of a multi-disciplinary team.

MINIMUM REQUIREMENTS: Enrollment in a doctoral program in Clinical or Counseling Psychology. At least two years of graduate training. Treatment and psychological evaluation experience. Knowledge about and experience in working with individuals with SMI. The externship is expected to last from the beginning of September to the end of May but can be longer should an extern wish to earn more hours.

PREFERRED REQUIREMENTS: Three to four years of graduate work in Clinical or Counseling Psychology. Bilingual (English/Spanish) skills.
MAJOR RESPONSIBILITIES: The Wellness Center extern track is designed to continue the preparation of a doctoral student in clinical psychology by emphasizing the development of clinical and consultative skills within a community mental health setting. The extern will be working with our West End Wellness Center (WEWC). The WEWC is a Psychosocial rehabilitation program designed for adults ages 18 and above with Serious Mental Illnesses. The purpose of the WEWC is to assist individuals in achieving personal, social, and vocational competency, while promoting mental health recovery and physical wellness. WEWC enhances opportunities for community integration through skills training, peer support, education, recreation, and vocational readiness. Members who participate in the Wellness Center strengthen their natural support networks and transition into the broader community.

Major training components for both programs will include clinical assessments, individual therapy, family therapy, group therapy, crisis intervention, psychological testing, and consultation as well as seminars, supervision, and clinical team meetings. Staff theoretical orientations include cognitive-behavioral, community and family systems, and psychodynamic. Due to the complex and challenging nature of the clinical cases, students currently in their third or fourth year of training are preferred.

- Provide clinical assessments, individual and family therapy within the Wellness Center
- Lead group therapy and dyadic seminars for clients
- Provide crisis interventions as needed
- Provides psychological testing for adults at the Wellness Center as needed
- Formulates diagnoses, assesses risk and mental status
- Consult with staff and participate in weekly externs seminars
- Participates in staff development, training, and clinical supervision
- Maintains clinical records in accordance with State, City, Departmental and Federal compliance requirements;
- Complete requirements to become a Certified Preadmission Screener by the end of the training year.

ESSENTIAL KNOWLEDGE, SKILLS AND ABILITIES: Graduate level knowledge of psychological and mental health issues adults. Knowledge and experience working with individuals impacted by Serious Mental Illnesses (SMI). Knowledge of relevant literature as it relates to presenting problems. Considerable knowledge of the social, cultural, behavioral, economic and health difficulties in the client population. Developing skills in evaluation and assessment in adults and a willingness to further develop skills and abilities in these areas. Knowledge of the impact of trauma and comorbid medical or substance use diagnoses on mental health. Experience with dual diagnosis populations. Knowledge of the American Psychological Association ethical guidelines. Skills in advocacy and interagency collaboration. Ability to communicate effectively both orally and in writing. Desire to work as part of a multi-disciplinary team.

MINIMUM REQUIREMENTS: Enrollment in a doctoral program in Clinical or Counseling Psychology. At least two years of graduate training. Treatment and psychological evaluation experience. Knowledge about and experience in working with individuals with SMI. The externship is expected to last from the beginning of September to the end of May but can be longer should an extern wish to earn more hours.

PREFERRED REQUIREMENTS: Three to four years of graduate work in Clinical or Counseling Psychology. Bilingual (English/Spanish) skills.
West End Wellness Center (WEWC)
The WEWC, formerly West End Clubhouse, was established by the Alexandria Community Services Board in 1985 to offer psychosocial rehabilitation for City residents with mental illness.

Wellness Center Philosophy
The Wellness Center philosophy embraces Mental Health Recovery as a journey of healing and transformation. Regardless of the nature or severity of one’s psychiatric condition and/or co-occurring disorders of mental illness and substance use, each individual is able to contribute to the success of the community through his or her talents and skills. We believe that all members have the opportunity to learn, grow and recover through participation in curriculum based courses and/or training opportunities offered. The Wellness Center supports and teaches healthy lifestyle habits that can help individuals live a more satisfying, productive, happy life.

Wellness Center Purpose
The purpose of the WEWC is to assist individuals in achieving personal, social, and vocational competency, while promoting mental health recovery and physical wellness. WEWC enhances opportunities for community integration through skills training, peer support, education, recreation, and vocational readiness. Members who participate in the Wellness Center strengthen their natural support networks and transition into the broader community.

Services Available to Members
Psychosocial Rehabilitation is provided in the form of skill building classes that use a variety of approaches and interventions to promote recovery and provide successful community integration experiences. Classes are offered in ten week sessions which operate five days per week. Members of the Wellness Center are provided with a selection of educational courses and are given the opportunity to choose classes based on their personal goals and interests. Individualized and peer supports are also used to maximize self-sufficiency.