CLINICAL EXTERNSHIP IN OUTPATIENT PEDIATRIC PSYCHOLOGY & PEDIATRIC ANXIETY

**Description:** This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence. The Extern will spend 1 day each per week providing outpatient services for obesity and other chronic illnesses through the Pediatric Psychology Service and Child and Adolescent Anxiety Program (CAAP) at Children’s National Health System (CNHS), under the direct clinical supervision of Sarah Hornack, PhD and Mi-Young Ryee, PhD, respectively.

The Pediatric Psychology Service provides outpatient services for children with a variety of presenting problems associated with newly-diagnosed or chronic medical conditions (e.g., illness adjustment and coping, treatment adherence) as well as more general issues related to attention, behavior, mood, and anxiety in medical illness populations. A large number of referrals come from the obesity clinic and the extern will gain experience with long-term and short-term, targeted therapy assisting patients with behavior change around weight loss efforts. There are also plans to offer psychoeducational and supportive groups for the management of pediatric obesity and externs would be offered the opportunity to co-lead these groups.

The Child and Adolescent Anxiety Program (CAAP) at CNHS provides care to children and adolescents with anxiety, and their families. The majority of youth treated are school-aged children (6-18 years), though younger children are sometimes seen as well. Externs will gain experience in assessment and treatment of anxiety disorders in children and adolescents. Experience with group therapy and working with children and adolescents with medical illness may be a possibility as well. In addition to formal in-person supervision, opportunities for didactics include psychiatry grand rounds, clinical seminars and case conferences within the hospital (depending on the day of the externship).

**Qualifications:** Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with child and adolescent assessment and therapy.

**Number of Positions Being Offered:** One extern will be recruited for this externship

**Time Requirement:** 16 hours/week. The Pediatric Psychology Service rotation is offered on Mondays or Thursdays and the Child and Adolescent Anxiety Program is held on Wednesdays, both at the main campus in DC. It is anticipated that this will be a 1 year externship from July 2019-June 2020.

111 Michigan Avenue, NW Washington, DC 20010

To Apply: Send a letter of interest; CV/resume, and two letters of recommendation via email.

Sarah Hornack, PhD  Mi-Young Ryee, PhD
Licensed Clinical Psychologist  Licensed Clinical Psychologist
Children’s National Health System  Children’s National Health System
shornack@childrensnational.org  mryee@childrensnational.org