PSYCHOLOGY EXTERNSHIP EXPERIENCES

2018-2019

Children’s National Health Systems (Children’s National) offers several externship experiences in child clinical and pediatric psychology to students enrolled in doctoral programs in psychology. Attached are descriptions of opportunities that are being offered in the 2018-2019 academic year, with information about how to apply for each position. **Descriptions of opportunities in neuropsychology are available under separate cover.**

The deadline for applications is February 1, 2018. Applications may be submitted electronically or in paper form and individual supervisors will indicate their preference in the descriptions below. Due to the high volume of calls received in the past, we request that you not call to confirm the status of your application.

THE INSTITUTION

Children’s National is a non-profit institution incorporated in 1870. The mission of Children’s National is to be preeminent in providing pediatric healthcare services that enhance the health and well-being of children regionally, nationally, and internationally. Through leadership and innovation, Children’s National strives to create solutions to pediatric healthcare problems.

The hospital on Children’s main campus is located in Washington DC, adjacent to the Washington Hospital Center, National Rehabilitation Hospital, the Washington V.A. Hospital, Catholic University and Howard University. It is easily accessible from suburban areas. In addition, Children's National has satellite outpatient clinics in Washington D.C., Maryland and Virginia, and is part of a complex of healthcare facilities for the entire Washington metropolitan area. Further information about the hospital and its programs is available at our website (www.childrensnational.org).

Psychology and Behavioral Health, led by Dr. Randi Streisand, is a Division within the Center for Neurosciences and Behavioral Medicine, which is directed by Dr. Roger Packer, a neurologist. Other divisions in this center include Neuropsychology, Psychiatry, Neurology, Neurosurgery, Developmental Pediatrics, Genetics and Metabolism, Hearing and Speech, and Physical Medicine and Rehabilitation. This Center for Excellence structure was designed to stimulate multidisciplinary collaboration, in terms of both patient care and research, among disciplines and specialties with common interests.

Faculty-level psychologists at Children’s National who engage in training, clinical service, and research in a variety specialty areas, including Neonatology, Endocrinology, Hematology/Oncology, Pulmonary Medicine, Food Allergy, Neurology, Neurosurgery, Obesity, Psychiatry, and Developmental Psychology. Psychology and Neuropsychology faculty are involved in virtually all of the other Centers of Excellence. Facilities at the hospital
include outpatient clinics, the Freddie Mac Foundation Child & Adolescent Protection Center, Child and Adolescent inpatient units, library, auditorium, laboratories and research space. In addition, Psychology occupies outpatient offices in 4 suburban satellite clinics (Laurel, Maryland; Rockville, Maryland; Fairfax, Virginia; Tenleytown, D.C.).

Children’s National is the pediatric teaching hospital for the George Washington University School of Medicine and Health Sciences. Psychologists at Children’s National hold academic appointments in the Department of Psychiatry and Behavioral Sciences and the Department of Pediatrics at the medical school. Children’s National offers a variety of training programs in various medical specialties, all of which are overseen by the medical staff. The Division of Psychology conducts post-doctoral, internship and practicum-level training for psychology students.
CHILD DEVELOPMENT PROGRAM

**Description:** Clinical and Developmental Psychology doctoral students are welcome to apply for an externship in the Child Development Clinic. The position offers supervised training in evaluation of infants and young children referred for developmental and behavioral problems, primarily in the range of birth to age three years. The presenting problems include but are not limited to complications around the time of birth (e.g. extreme prematurity, birth asphyxia), motor delays, language delays, global developmental delay, intellectual disabilities, and autism spectrum disorder. Many of the children have complex medical conditions, underlying neurologic disorders, and/or genetic disorders. The extern will be exposed to children from a wide range of ethnic and cultural backgrounds and socioeconomic conditions.

The extern will learn to conduct structured interviews of parents, administer standardized tests, such as the Bayley Scales of Infant Development 3rd edition, Differential Ability Scales (DAS-II), Autism Diagnostic Observation Scales (ADOS-2), and the Vineland Adaptive Behavior Scales. After testing, trainees and their supervisors integrate information from community resources and the medical record, help formulate a therapeutic plan, provide parent feedback, and write the assessment report. The extern will also learn about strategies and interventions to help with common behavior and developmental challenges for this age range. All patients evaluated on a given day are discussed at case conference at the end of the day. An opportunity to join developmental rounds in the NICU and/or CICU/HKU is also available.

**Qualifications:** Formal coursework in child development and assessment is expected. Some assessment experience is preferred.

**Time Requirement:** A commitment of 16 hours a week is expected. The specific days will be worked out to suit the extern's schedule.

**Number of Positions Being Offered:** 5 externs will be recruited for this position.

**Location:** Children’s National Medical Center – 111 Michigan Avenue, N.W.

**To Apply:** Please email a current CV, a letter of interest, and two letters of recommendation.

Tara Brennan, Psy.D.

tbrennan@cnmc.org
FAIRFAX HYPERACTIVITY, ATTENTION, AND LEARNING PROBLEMS

(HALP) CLINIC

The Fairfax Hyperactivity, Attention, and Learning Problems (HALP) Clinic is a an evaluation and treatment program for children with a variety of school problems, including Attention Deficit Hyperactivity Disorder (ADHD), Learning Disorders, and Disruptive Behavior Disorders.

Externs learn to administer, score, and interpret a standardized battery of tests. Reports are written on a weekly basis. In addition, externs have the opportunity to observe and conduct structured diagnostic interviews and feedback sessions. With regard to treatment, externs conduct therapy under the close supervision of a licensed clinical psychologist. Children who come to our clinic for treatment present with a wide range of difficulties (e.g., behavioral issues, affective disorders, anxiety disorders). Externs generally carry a caseload of 2-3 therapy clients at any one time.

Applicants interested in this externship site should be available on Tuesdays and Fridays from 8:30am-5pm. Supervision is provided by Lisa A. Efron, Ph.D.

Qualifications: Formal coursework in child assessment and therapy is required.

Time Requirement: 16 hours/week from September through May.

Location: Fairfax Satellite of Children’s National – 3023 Hamaker Court Ste. 300, Fairfax, Virginia.

To Apply: Email a curriculum vitae and two letters of recommendation to: lefron@childrensnational.org
EARLY CHILDHOOD THERAPY

Description: This externship is ideally suited for advanced practicum students seeking further training in early childhood intervention within an outpatient setting. The Infant and Toddler Mental Health Program at Children’s National provides outpatient care to young children (under age 6 years) and their families. Externs will gain experience working with children experiencing a variety of mental health disorders, including internalizing problems and externalizing problems. Externs will have opportunities for initial intake and ongoing treatment, including training and potential certification in Parent Child Interaction Therapy (PCIT). In addition to formal in-person supervision, opportunities for didactics include weekly case conferences with an early childhood psychiatrist, psychiatry grand rounds, and clinical seminars.

Qualifications: Formal coursework in child development and treatment is expected. Some treatment experience is preferred and preference will be given to advanced doctoral students.

Time Requirement: A commitment of 8 hours each Tuesday is expected.

Number of Positions Being Offered: 1 extern will be recruited for this externship

Location: Children’s National Health System; 111 Michigan Avenue, NW Washington, DC 20010

To Apply: Send a current CV, a letter of interest, and two letters of recommendation via email to:

Leandra Godoy, PhD
(202) 471-4805
lgodoy@childrensnational.org
CHILD AND ADOLESCENT DIABETES EXTERNSHIP

Description: Advanced clinical psychology doctoral students are encouraged to apply to work with the Diabetes Team’s Psychology Service. The diabetes team is multidisciplinary and includes physicians, nurse educators, dietitians, and psychologists. Team members see every child newly diagnosed with diabetes, as well as work with individual families to assist with medical and behavioral management of the illness. This externship offers clinical, research, and didactic opportunities. Potential experiences are as follows:

1. Outpatient psychotherapy with children and families- typical caseload 3-5 weekly patients. Common referral issues include difficulty adjusting to diabetes diagnosis, poor adherence to medical regimen, anxiety, depression, parent-adolescent conflict, and family communication difficulties.

2. Consultation, education, and counseling with families of children newly diagnosed with diabetes or children transitioning medical regimens (e.g., to an insulin pump). This includes addressing the impact of being diagnosed with a life long illness and assisting the family with strategies for managing diabetes. Outpatient education is provided for all families in a group format.

3. Consultation during outpatient diabetes clinic appointments. Attending diabetes clinic may include participant-observation experiences with physicians, nurse educators, and dietitians working with children/families. Brief psychological consultations are often requested during clinic as well.

4. Co-leading behavioral and psychosocial group for parents and teens with diabetes.

5. Providing consultation/treatment to children with diabetes who have been hospitalized. Potential duties include reviewing medical records, interviewing children and families, case conceptualization, and providing feedback (verbal and chart notes) to medical team.

6. Research opportunities are available including: (1) investigating issues related to diabetes management in young children, (2) participating in weekly research lab meetings, and (3) discussing relevant research regarding diabetes management in children and teenagers with type 1 and type 2 diabetes.

Opportunities for didactics depend on days of week of externship and include (a) multidisciplinary diabetes team meetings, (b) diabetes psychology service clinical rounds, (c) clinical research meetings, (d) psychiatry grand rounds, and (e) pediatric grand rounds.

Qualifications: Formal coursework in child assessment and child psychopathology and treatment is required. Prior practicum experience in child or adolescent therapy is also required.

Time Requirements: 16 hours/week. Available days for externship include Mondays, Tuesdays, Wednesdays, and Thursdays.

Number of positions being offered: 2 positions will be offered

To Apply: Please email a letter of interest, curriculum vitae, and two letters of reference to:
Lauren Clary, Ph.D.

(202) 476-2231

LClary@childrensnational.org
CLINICAL EXTERNSHIP IN PEDIATRIC PSYCHOLOGY

Divisions of Hematology, Oncology, and Blood and Marrow Transplantation

Center for Cancer and Blood Disorders

Description: This externship is ideally suited for advanced clinical students seeking comprehensive training in pediatric psychology. Externs will spend two days per week providing psychological services to children and adolescents with cancer or blood disorders and their families. Clinical activities will be carried out under the direct supervision of Drs. Steven Hardy, Amanda Thompson, and Dana Footer, pediatric psychologists.

The Center for Cancer and Blood Disorders at Children’s National Medical Center includes both outpatient and inpatient services for children diagnosed with cancer, sickle cell disease, hemophilia, severe aplastic anemia, and other malignant and non-malignant disorders. Physicians, psychologists, physical therapists, nurses, social workers and other psychosocial team members work collaboratively to address the complex problems faced by these patients and their families. Presenting issues include coping and adjustment with diagnosis and treatment, anxiety (generalized, anticipatory, and procedural), depression, behavior problems, nonadherence to medical treatment, pain exacerbated by psychological stressors, and grief/loss.

The externship consists of clinical training in pediatric psycho-oncology, direct clinical care of patients and families, participation in multidisciplinary rounds and a weekly psychology seminar, and, as desired, participation in new and ongoing clinical programs and research at Children’s National. Clinical activities include inpatient consultation/liaison and outpatient therapy, with an emphasis on cognitive/behavioral and family systems approaches, and mental health screening programs. Externs will also participate in our multidisciplinary Long-term Follow-up Clinics for survivors of childhood cancer and children who have undergone stem cell transplant to treat malignant and non-malignant diseases.

Qualifications: Formal coursework in child development as well as clinical experience with children and adolescents are required. Experience working clinically with medically ill populations is preferred, but not required.

Time Requirements: 2 days per week (Thursdays required; second day is flexible) from August or September through May (16hrs/week)

Location: Children’s National Medical Center

111 Michigan Avenue, NW
Washington, DC 20010

Number of Positions Being Offered: Up to 3 externs will be recruited for this position

To Apply: Email a letter of interest, CV, and at least two letters of recommendation to Dana Footer, PsyD at dfooter@childrensnational.org
CLINICAL EXTERNSHIP IN GASTROENTEROLOGY

Celiac Disease Program

Description: This externship is ideally suited for advanced practicum students seeking comprehensive training in pediatric psychology. Direct supervision will be provided by Shayna Coburn, Ph.D., pediatric psychologist.

Within the Division of Gastroenterology at Children’s National, the Celiac Disease Program is dedicated to providing services to children and adolescents with celiac disease, an autoimmune condition that requires a strict gluten-free diet as the primary treatment. The celiac team is multidisciplinary and includes physicians, nurse educators, dietitians, and psychologists. Team members see every child newly diagnosed with celiac disease and offer additional therapy to assist with medical and behavioral management of the illness. Common referral issues include coping with the celiac diagnosis, poor adherence to the gluten-free diet, anxiety, depression, eating and feeding disorders, and family conflict.

This externship offers clinical, research, and didactic opportunities. Potential experiences include:

- Consultations with families attending the multidisciplinary clinic (Fridays, 8:30-4pm).
- Outpatient therapy services for children and adolescents with celiac disease.
- Co-leading behavioral and psychosocial skills groups.
- Outpatient therapy services for the Division of Gastroenterology, such as inflammatory bowel disease, motility difficulties, and eosinophilic esophagitis.
- Research opportunities: (1) investigating the psychosocial burden of celiac disease management, (2) monthly research committee meetings, and (3) program development and patient needs assessment.

Qualifications: Prior practicum experience in child or adolescent therapy is required. Preference will be given to doctoral students in at least their 3rd year. Experience with medically ill populations is desired, but not required.

Time Requirement: 8-16 hours/week; days are negotiable based on extern’s availability and interests. It is anticipated that this will be a 1 year externship from July 2018-June 2019.

Number of positions being offered: One extern will be recruited for this position.

Locations: To be determined based on extern’s schedule.

- 4200 Wisconsin Ave., NW, Washington, District of Columbia 20016 (Friday clinic)
- 9850 Key West Ave., Rockville, MD 20850 (Mondays and/or Thursdays)
- 111 Michigan Avenue NW, Washington, DC 20010 (Tuesdays and/or Wednesdays)

To Apply: Please email a letter of interest, curriculum vitae, and two letters of reference to:

Shayna Coburn, Ph.D.
Celiac Disease Program
scoburn@childrensnational.org
(202) 476-4261
EXTERNSHIP IN BEHAVIORAL PAIN MEDICINE

Description: Children’s National Health System is offering advanced externships for the 2018-2019 academic year in the Division of Pain Medicine. The Pain Medicine Program is a multidisciplinary team specializing in management of acute and chronic pain. Physicians, psychologists, physical therapists, and nurses work together as a multidisciplinary team and collaborate with social workers, psychiatrists, and community providers (pediatricians, schools, etc.) to facilitate and implement rehabilitative therapy.

The externships are designed for advanced doctoral level clinical psychology students interested in gaining specialized training within an academic medical center or pediatric setting. Both positions consist of clinical experience/training in pediatric psychology, pain management, supervision, research, seminars, and didactics. The primary goals of the Behavioral Pain Medicine service within the Chronic Pain Clinic and the Chronic Headache clinic are to provide comprehensive psychosocial evaluations and interventions to improve quality of life and prevent disability associated with chronic pain conditions. Theoretical orientations utilized include cognitive and behavioral, family systems, acceptance and commitment therapy, and other mindfulness approaches. Externs will also have exposure to biofeedback assisted relaxation training. Opportunities exist for presentation of research at local and national conferences.

Pediatric Pain Management & Headache Track: This position consists of primary training in the outpatient Chronic Pain Clinic, treating youth with a wide range of chronic pain problems including, but not limited to, headaches, abdominal pain, complex regional pain syndrome, myofacial pain, autonomic disorders, and other somatoform disorders. This position also includes one day per week working with neurologists within the interdisciplinary Chronic Headache clinic to conduct interdisciplinary evaluations and team consults for patients presenting with chronic headaches. Clinical opportunities include interdisciplinary intake evaluations, consultations, outpatient treatment, collaboration with schools, and care coordination. Opportunity exists for exposure to TeleMedicine appointments.

Concussion & Pain Management Track: This position is divided between SCORE Clinic (concussion program) and the Chronic Pain Clinic. Within the concussion clinic, trainee will receive training in conducting evaluations and providing treatment for patients with a range of physical, behavioral/emotional, and sleep disturbance symptoms following a concussion (mild brain injury). The extern will work as an integral member of the treatment team and will have ongoing collaborations with neuropsychologists, neurologists, schools, and physical therapists. This position also includes one day per week working within the Chronic Pain Clinic (see above) to provide interdisciplinary evaluations, consultations, and outpatient treatment for youth with chronic pain. Opportunities for working within the Chronic Headache clinic (see above) are possible. Opportunity also exists for exposure to TeleMedicine appointments.

Qualifications: Applicants must be in at least the third year of a doctoral program and have had some experience in child and adolescent therapy with documented interest in gaining advanced experience in a medical/pediatric setting.

Time Requirement: It is anticipated that these will be a 1 year externship from July 2018 – June 2019. 16 hours per week. Wednesdays are required for the Pediatric Pain Management/Headache Clinic Track; Tuesdays are required for the Pain Management/Concussion Track. Other clinic days: Thursday, Friday.

Number of positions being offered: 2-3 externs will be recruited for this externship.

Location: Children’s National Health System – 111 Michigan Ave., N.W. – Both tracks may require some clinical activities at the Satellite locations (Rockville & Fairfax).
To Apply: Please specify your preferred track in your letter of interest, curriculum vitae, and two letters of reference directly from recommenders to kborner@childrensnational.org.

Kelsey Borner, Ph.D.
Division of Anesthesia, Pain Medicine Clinic
202-476-4176
CHILD & ADOLESCENT BURN TRAUMA SURGERY EXTERNSHIP

Background: Burn injuries constitute a major concern in the pediatric age group with respect to morbidity and mortality. Pediatric burn injuries are characterized by their unexpectedness, sudden onset, potential threat to the child’s life, acute hospitalization, pain, invasive medical procedures such as wound dressing changes and skin grafting procedures, scarring, and the potential loss of functionality. Pediatric burns occur most often in young children under the age of 5 years, an age category in which children are particularly dependent on their parents. Burn events in preschool children often share many similarities in terms of burn etiology (i.e., scalds caused by hot fluids) and event circumstances (i.e., burn events occurring at home). Many parents of children with burn injuries experience posttraumatic stress; symptoms decline for most, though not all, over time.

Externship Description: Advanced clinical psychology doctoral students are encouraged to apply to work with the Burn Trauma Surgery Team’s Psychology Service. This team is multidisciplinary and includes physicians, nurse practitioners, physical therapists, occupational therapists, social workers, dietitians, Child Life specialists, and psychologists. Team members work with individual families to assist with medical and behavioral management of the injury and recovery. This externship offers clinical and research experiences, as well as the opportunity to contribute to program development. Potential experiences are as follows:

1. Consultation with families of children with burn injuries. This includes meeting with families as part of their visits in the hospital’s fast-paced outpatient burn clinic. Psychology provides psychoeducation regarding supporting adjustment, psychosocial screening, and brief interventions including pain management strategies as well as other behavioral and cognitive strategies. Attending clinic may provide observation experiences with physicians, nurse practitioners, occupational and physical therapists working with children/families.

2. Outpatient psychotherapy with children and families. Common referral questions include difficulty adjusting to injury, posttraumatic stress surrounding injury, poor adherence to medical regimen, anxiety, and depression. There are opportunities for training in conducting trauma-focused cognitive-behavioral therapy (TF-CBT).

3. Consultation, education, and counseling with families of children newly diagnosed with diabetes. This includes addressing the impact of being diagnosed with a life long illness and assisting the family with strategies for managing diabetes. Outpatient education is provided for all families in a group format.

4. Consultation and treatment with children who have experienced burns during their inpatient hospitalization. Potential duties include reviewing medical records, interviewing children and families, case conceptualization, recommendations for treatment/referral, and providing feedback (verbal and chart notes) to medical team.

5. Assistance with and experience in participating and observing program development exist, with particular tasks including (1) developing a referral network and (2) developing standardized psychosocial assessment screening program.

6. Research opportunities may exist for interested and motivated candidates. Clinical research topics may include topics relating to family adjustment to injury and include skill building in literature reviews, preparing IRB protocols, obtaining consent, database management, and preparing presentations and manuscripts.
7. Formal didactic opportunities include multidisciplinary burn rounds, clinical research meetings, psychiatry grand rounds, and pediatric grand rounds. Didactic availability depends on the days of the week for externship.

**Qualifications:** Formal coursework in child assessment and child psychopathology/treatment is required. Prior practicum experience in child or adolescent therapy is also required.

**Time Requirements:** 16 hours/week. Available days for externship include Mondays, Wednesdays, and Fridays.

**Number of positions being offered:** 1 position will be offered

**To Apply:** Please email a letter of interest, curriculum vitae, and two letters of reference to:

Carrie Tully, Ph.D.

(202) 476-4546 / ctully1@childrensnational.org
CLINICAL EXTERNSHIP IN OUTPATIENT PEDIATRIC PSYCHOLOGY & PEDIATRIC ANXIETY

Description: This externship is ideally suited for advanced practicum students seeking further training in outpatient psychology from early childhood to adolescence. The Extern will spend 1 day each per week providing outpatient services for obesity and other chronic illnesses through the Pediatric Psychology Service and Child and Adolescent Anxiety Program (CAAP) at Children’s National Health System (CNHS), under the direct clinical supervision of Sarah Hornack, PhD and Mi-Young Ryee, PhD, respectively.

The Pediatric Psychology Service provides outpatient services for children with a variety of presenting problems associated with newly-diagnosed or chronic medical conditions (e.g., illness adjustment and coping, treatment adherence) as well as more general issues related to attention, behavior, mood, and anxiety in medical illness populations. A large number of referrals come from the obesity clinic and the extern will gain experience with long-term and short-term, targeted therapy assisting patients with behavior change around weight loss efforts. There are also plans to begin psychoeducational and supportive groups for the management of pediatric obesity and externs would be offered the opportunity to co-lead these groups.

The Child and Adolescent Anxiety Program (CAAP) at CNHS provides care to children and adolescents with anxiety, and their families. The majority of youth treated are school-aged children (6-18 years), though younger children are sometimes seen as well. Externs will gain experience in assessment and treatment of anxiety disorders in children and adolescents. Experience with group therapy and working with children and adolescents with medical illness may be a possibility as well. In addition to formal in-person supervision, opportunities for didactics include psychiatry grand rounds, clinical seminars and case conferences within the hospital (depending on the day of the externship).

Qualifications: Applicants must be in at least the third year of a doctoral program, have completed formal coursework in child development and treatment, and have had prior practicum experience with child and adolescent assessment and therapy.

Number of Positions Being Offered: One extern will be recruited for this externship

Time Requirement: 16 hours/ week. The Pediatric Psychology Service rotation is held on ***** and the Child and Adolescent Anxiety Program is held on Wednesdays, both at the main campus in DC. It is anticipated that this will be a 1 year externship from July 2017-June 2018.

111 Michigan Avenue, NW Washington, DC 20010

To Apply: Send a letter of interest; CV/resume, and two letters of recommendation via email.

Sarah Hornack, PhD  Mi-Young Ryee, PhD
Licensed Clinical Psychologist  Licensed Clinical Psychologist
Children’s National Health System  Children’s National Health System
shornack@childrensnational.org  mryee@childrensnational.org
THE PEDIATRIC SLEEP DISORDERS PROGRAM

Description: The Pediatric Sleep Disorders Program consists of weekly outpatient clinics, a four-bed state of the art sleep laboratory, and a research program. Sleep disorders affect children and their families at all stages of development and are increasingly recognized as important causes of affective, behavioral and attentional dysregulation. There are more than 75 empirically defined sleep disorders of which approximately 30 occur in childhood and adolescence. The DSM-V addresses a small subset of these disorders. Sleep medicine is a relatively young field and didactic training available for mental health and health care professionals is extremely limited. On average medical schools and psychology program provide less than one hour of training in sleep mechanisms and sleep disorders. Children’ National has one of the few dedicated comprehensive pediatric sleep disorders programs in the world, with equal weight given to training, research and clinical service.

Diagnosing and treating sleep is complex and requires a broad assessment of the patient. There are several categories of sleep problems. Several primary sleep disorders are caused by abnormalities in brain mechanisms and learned behavior that is not compatible with making the transition from wake to sleep. There are also numerous sleep disorders associated with underlying medical conditions and psychopathology. Developmental changes in sleep propensity and cognitive and affective functioning are also critical components of diagnosing sleep disorders. Effective treatment of pediatric sleep disorders often involves providing specific behavioral recommendations to improve sleep hygiene, as well as appropriate referrals for other medical follow-up. Parents of children who have disrupted sleep are often experiencing significant distress and are typically fairly motivated to achieve behavioral change for their child and within the family. Another exciting aspect of sleep medicine is that it is a multidisciplinary field with psychologists, psychiatrists, pulmonologists and neurologists as the key players. Other disciplines that refer and participate in sleep programs include developmental behavioral pediatrics, psychiatry, neonatology, otolaryngology, and dentistry.

Externs participating in this program will receive didactic training in the normal development of sleep, neurophysiological mechanisms regulating sleep and wake states and diagnosis and management of sleep disorders. Didactic training consists of one hour a week of the Sleep Seminar Series, which includes a set of core lectures on basic sleep topics, special topics in sleep, case presentations and journal club. Trainees are expected to serve as presenters for at least one of the sessions during the academic year. Guided readings in pediatric sleep medicine will also be provided. Part of the didactic experience will include observation of the scoring and interpretation of polysomnographic records.

Externs will become increasingly independent in managing their own caseload after demonstrating some expertise in the diagnosis and treatment of sleep disorders. The program follows a consultation model and also includes opportunities for long-term psychotherapy with patients and families who would benefit from validated intervention programs.

There are two weekly sleep clinics (8a-5p, Tuesdays and Thursdays. A combined Sleep and Pulmonary Behavioral Medicine externship experience is another option for advanced externs (see the description of the Pulmonary Behavioral Medicine Externship Program). All clinical work will be supervised by Danny Lewin, Ph.D., Attending and Supervisor of the Pediatric Sleep Disorders Program.

Qualifications: Because the clinic is advanced complexity and fast paced, clinical experience with children and/or adolescents and two years of practica are required. Preference will be given to more advanced doctoral students.

Time Requirement: Approximately 40 hours per month. Externships starting in the summer months are preferred.
**Number of Positions Being Offered:** 2-3 externs will be recruited for this practicum.

**Location:** Children’s National Medical Center – 111 Michigan Avenue, N.W.

**To Apply:** Send a letter of interest; CV/resume; two letters of recommendation to:

Danny Lewin, Ph.D. (202) 476-6209
Licensed Clinical Psychologist
Attending and Supervisor, Pediatric Sleep Disorders Program
Pulmonary Medicine
Children’s National Medical Center
111 Michigan Avenue, NW 20010
dlewin@cnmc.org
CLINICAL EXTERNSHIP IN

PEDIATRIC PULMONARY BEHAVIORAL MEDICINE

Departments of Pulmonary and Sleep Medicine

Description: This externship is ideally suited for advanced practicum students seeking comprehensive training in pediatric psychology. Externs will spend 1 day per week providing psychological services to children and adolescents with acute and chronic pulmonary diseases. Clinical activities will be under the direct supervision of Danny Lewin, Ph.D., a pediatric psychologist.

The Department of Pulmonology and Sleep Medicine provides outpatient and inpatient services for children diagnosed with chronic and acute respiratory conditions including Cystic Fibrosis, Asthma, chronic cough, as well as management of children with respiratory complications associated with other chronic illness (neuromuscular diseases, Sickle Cell).

Pulmonary diseases pose unique problems as they can be extremely debilitating and treatments can be burdensome. The impact on lifestyle is quite significant and can lead to stress responses, affective disturbances, and poor adherence. In some cases disease progression is quite rapid requiring organ transplant or end of life care.

The externship consists of clinical training in pediatric behavioral medicine, direct clinical care of patients and families, participation in multidisciplinary rounds. Clinical activities include inpatient consultation/liaison and outpatient therapy, with an emphasis on cognitive/behavioral and parent training approaches. Opportunities to participate in our long-term follow-up care are also available. The extern will provide diagnostic, consultation, and long-term treatment to patients with a focus on education, coping with chronic illness, treating psychogenic causes of respiratory illness, adherence, evaluation of co-morbid psychiatric and behavioral problems, parent training, and family coping.

Qualifications: Formal coursework in child development as well as clinical experience with children and adolescents are required. Experience with medically ill populations is desired, but not required.

Time Requirements: Tuesdays, from 8:00am to 5:00 starting in June, July or August (8-12 hours/week).

Location: Children’s National Medical Center; 111 Michigan Avenue, NW Washington, DC 20010

To Apply: Send a letter of interest; CV/resume, and two letters of recommendation via Email or regular mail.

Danny Lewin, Ph.D. (202) 476-6209
Licensed Clinical Psychologist
Attending and Supervisor, Pediatric Sleep Disorders Program
Pulmonary Medicine
Children’s National Medical Center
111 Michigan Avenue, NW 20010
dlewin@cnmc.org
WHOLE BEAR CARE: PRIMARY CARE BEHAVIORAL HEALTH SERVICES

Description: This externship opportunity involves providing behavioral health services to children, adolescents, young adults, and families receiving services at community-based primary care clinics. Psychologists co-located in these integrated care clinics work with patients exhibiting a range of externalizing and internalizing disorders and their families. Interactions with the multi-disciplinary care teams as well as other key professionals (social workers, teachers) are also part of the training experience.

The psychology externship with Whole Bear Care offers the opportunity to engage in the following experiences. We will work with externs to tailor the experience to their interests:

• **Consultation within primary care:** The extern’s primary role is to provide brief consultations to patients and their primary care providers around a range of mental health issues. The extern would work closely with both the family and primary care provider during the triage and consultation process to ensure that issues are adequately addressed either within primary care or within the community.

• **Therapy within primary care:** The extern will carry a small caseload of short- to medium-term therapy cases seen within the primary care clinic. Types of cases can be tailored to the extern’s interests.

**Required extern experiences include:**

1. Outpatient mental health consultation with children, adolescent, young adults, and families regarding general mental health concerns. Consultation includes assessment of presenting issue, referral to appropriate mental health services, and in-session intervention as warranted.

2. Outpatient mental health consultation with primary care teams regarding general mental health concerns and developmental concerns about patients.

3. Outpatient therapy with children, adolescent, young adults, and families regarding general mental health concerns.

4. Timely documentation of service provision in electronic medical record.

Qualifications: This is a fast paced externship requiring previous direct clinical experience with children and adolescents. Preference will be given to 3rd and 4th year doctoral students with a strong knowledge of psychopathology and appropriate interventions.

Time Requirements: 16 hours/week from September to May (earlier start date negotiable). Preferably, the candidate would be available for orientation and training during August. Specific days on-site to be coordinated with supervising psychologist.

Number of Positions Being Offered: 5 externs will be recruited for this externship.


To Apply: Please email a letter of interest, curriculum vitae, at least two letters of reference to:

Donna Marschall, Ph.D.
Director, Whole Bear Care: Primary Care Behavioral Health Services
E-mail: dmarscha@childrensnational.org