MedStar Georgetown University Hospital
Division of Child and Adolescent Psychiatry, Department of Psychiatry
Child and Adolescent Clinical Psychology Externship Training Program

Program Overview:
MedStar Georgetown University Hospital’s (MGUH) Division of Child and Adolescent of Psychiatry, Department of Psychiatry provides outpatient mental health services to youth and young adults ages 3-24 and their families. Clinical psychology doctoral externs deliver psychodiagnostic and psychotherapy services to patients from a range of child, adolescent, and young adult clinical populations within our outpatient clinic setting. In addition to receiving weekly, active supervision from clinical psychologists, externs gain exposure to and supplementary training by other members of our multidisciplinary faculty, including psychiatrists and social workers. This externship is intended for advanced doctoral students (e.g., rising 3rd year or above) in clinical psychology.

Psychodiagnostic Assessment: Psychodiagnostic assessments are regularly conducted at the onset of psychotherapy to assist with conceptualization and treatment planning. Externs are trained in the use of well-validated screening instruments (e.g., BASC-3), semi-structured interviews, and mental status examinations. This, however, is a therapy-track externship, not a testing-track externship.

Evidence-Based Psychotherapy: Externs receiving training in and deliver individual and group-based, empirically supported treatments to children, adolescents, and families who are presenting with a range of clinical concerns (e.g., ADHD, anxiety, depression, ODD, PTSD). Treatment approaches most often employ cognitive-behavioral techniques (e.g., CBT, parent training, DBT); however, family systems, dynamic, mindfulness-based, and interpersonal approaches are also integrated when appropriate.

Doctoral externs also receive opportunities to:
- Interface with a multidisciplinary team of clinical psychologists, psychiatrists, medical residents, psychiatry fellows, and social workers.
- Consult with teachers and other invested stakeholders with regards to the patient’s emotional and behavioral needs outside of therapy.

Supervision:
Individual in-person weekly supervision will be provided by licensed clinical psychologists. Externs will also have the opportunity to take part in weekly interdisciplinary group supervision with psychiatry fellows and other psychology externs to gain broader viewpoints and a greater understanding of the interface of psychotherapy and psychopharmacology. Given our faculty’s strong commitment to training, externs are afforded the opportunity to collaborate with many experts in our field, depending on their specific interests.

Didactics:
Externs attend weekly small group didactics sessions with child and adolescent psychiatry fellows. Externs also attend weekly departmental educational events, including Psychiatry Grand Rounds, Child and Adolescent Psychiatry Grand Rounds, and faculty-led case conferences.
Qualifications:
Applicants must be entering their 2nd year or higher and have 1-2 years of experience in delivering evidence-based assessment and intervention. Preference will be given to students with prior practicum experience in child/adolescent therapy.

Time Requirement:
Two days per week minimum (9am to 6pm)

Caseload Requirement:
Externs will be required to carry a caseload of 6-8 individual or group patients per week

Number of Positions Available:
Two to three externs will be recruited to begin August 2017

To apply:
Please send the following information to the email address below:
- CV
- Letter of Interest
- 2 letters of recommendation from current or previous clinical supervisors
- 1 recent assessment report

Application deadline:
On or before March 1, 2017

Location:
MGUH Department of Psychiatry, located at 2115 Wisconsin Ave, NW, Suite 200, Washington, DC.

Contact Information:
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