Pediatric Psychology Externship at PSV

Description: Advanced Externship positions are available in Pediatric Psychology for the 2019-2020 clinical training year at the Pediatric Specialists of Virginia (PSV). PSV is a physician led outpatient medical practice that is a joint venture between Children’s National Medical Center and Inova. Our behavioral health team serves 14 different medical specialty groups within PSV, with a heavy focus with endocrinology, gastroenterology, neurology, developmental pediatrics, and hematology/oncology.

Potential experiences are as follows:

1. Outpatient psychotherapy with children/adolescents and their families. Typical caseload is 6-10 weekly patients and 1-2 consultations per week. Common referral issues include difficulty adjusting to medical diagnosis, poor adherence to medical regimen, pain management, elimination disorders, school avoidance, anxiety, depression, parent-adolescent conflict, and family communication difficulties.
2. Consultation, education, and counseling with families of children newly diagnosed with diabetes, inflammatory bowel disease, or other chronic conditions such as irritable bowel syndrome, etc. This includes addressing the impact of being diagnosed with a lifelong illness and assisting the family with behavioral strategies for managing illness.
3. Co-leading behavioral and psychosocial groups for youth with type 1 diabetes.
4. Consultation and short-term behavior therapy and/or CBT to help address functional abdominal pain and associated anxieties.
5. Support departmental endeavors to expand current depression screening protocol for chronic illnesses in endocrinology and gastroenterology departments.

Didactics: Externs may attend multidisciplinary diabetes team meetings and behavioral health case conferences. Externs may arrange to attend other multidisciplinary team meetings based on interest area.

Qualifications: Prior practicum experience in child or adolescent therapy is required. Exposure to other medical settings is also desirable but not a prerequisite.

Time Requirements: 16 hours/week. One day externship opportunities may also be available.

Number of positions being offered: 2

To Apply: Please email a letter of interest, curriculum vitae, and two letters of reference to: Jessica Parrish, Ph.D. at jparrish@psvcare.org by February 15, 2019

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